



## Team Up for Families Road Map® Interactive Curriculum: Empowering Families to Navigate Service Systems through Peer-Driven Learning

**Curriculum Overview:** Road Map® is a peer-led, interactive, six-hour curriculum created by the Team Up for Families (TUFF) National Learning Collaborative to help family caregivers partner more effectively with health professionals, school staff, insurers, and social agencies. The curriculum is available in English and Spanish.

**Educational Objectives:** Finding the right services for children with special needs can feel overwhelming to family caregivers. Community health centers, schools, and social agencies have complicated procedures with bewildering jargon. Each provider may only see a small part of the total problem. Road Map® offers a step-by-step guide to coordinating a child's services. Through a six-unit process of teamwork, games, and "teach-to-learn" experiences led by TUFF-certified peer trainers, family caregivers develop skills and knowledge to:

- Communicate needs and concerns with providers
- Decode unfamiliar service jargon
- Practice family-tested strategies for navigating health and education systems
- Track a child's treatment progress in daily life
- Build a strong circle of support to meet continuing challenges

**Target Audience:** The content is designed for parents, grandparents, adoptive and foster parents, or any caregivers who make decisions about a child's health and education services. The curriculum was produced by Team Up for Families (TUFF), a learning collaborative created in 2006 with leadership from the mother of a child with behavioral health and developmental needs. TUFF's National Learning Collaborative currently includes more than 40 members in 15 states.

**Curriculum materials:** The workshop text is *Team Up for Your Child: A Step-By-Step Guide to Working Smarter with Doctors, Schools, Insurers, and Agencies*. De-identified evaluation data gathered from pre/post workshop surveys will be shared with the host organization. All worksheets, class materials, and templates for personalized promotional materials are included. Organizers will provide materials for a minimum of 10 participants up to 25 participants per workshop.

**Teaching Staff:** Road Map® certified trainers have raised children with special needs, and participate in the National Learning Collaborative.

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