

Descriptive Report

Now is the Time: Healthy Transitions

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Background Information for the Descriptive Report

Now is the Time: Healthy Transitions - Improving Life Trajectories for Youth and Young Adults with, or at Risk for, Serious Mental Health Conditions is a cooperative agreement with the Substance Abuse and Mental Health Services Administration (SAMHSA) that was awarded to 17 states in 2014 for 5-year implementation projects. Pennsylvania was awarded the grant and has partnered with Berks, Bucks, and Washington counties to “improve access to treatment and support services for youth and young adults ages 16 – 25 that either have, or are at risk of developing a serious mental health condition.”

This report is a summary of the data collected at the baseline/intake interview. Youth/young adults are interviewed within 30 days after they are enrolled in one of the services/programs identified as part of the grant. We have defined “enrollment” as the date of the first planning meeting after the youth or young adult is engaged. They will be interviewed again every 6 months that they are enrolled and again when they discharge from the service/program. The data in this report serve as a baseline from which we can track outcomes.

County services/programs include Certified Peer Support, High Fidelity Wraparound, Mobile Psych Rehab, Respite, Shared Housing, Site-based Psych Rehab, Transition-aged Care Coordination, and other evidence-based practices. Interviews were conducted by staff in the programs, an independent county interviewer, and/or staff from the county’s consumer satisfaction team.

Key terms on report:

- Missing: indicates the percentage of baseline forms that were missing that specific area of data collection
- N= the number of identified youth/baseline forms in the report
- n = in certain tables may be different than the overall
- Some points may be greater than 100%; each youth and family may indicate more than one domain; some totals may exceed 100%

1. System Referral and Involvement at Intake

Page 1

Referral Source: a breakdown of which system referred the youth/young adult to the service/program

Systems Involved: gives the percentage of youth involved with each system at intake

Multi-System Involvement: this percentage refers specifically to the involvement of Mental Health in addition to Child Welfare and/or Juvenile Justice

2. Youth Challenges Present at Intake

Page 2

Reason(s) the referral source referred the youth or young adult to the service/program. This information can be obtained from the referral source, youth/young adult, family members, other providers, etc. during engagement. It is possible to select as many problems as are relevant to each youth/young adult so percentages can exceed 100%.

3. Youth and Family Demographics at Intake

Page 3

This section was developed to meet the National Cultural and Linguistically Appropriate Services (CLAS) standards that were developed by Health and Human Services - Office of Minority Health in 2000 and enhanced in 2013. Standard 11, related to data collection, suggests that programs “Collect and maintain accurate and reliable demographic data to monitor and evaluate the impact of CLAS on health equity and outcomes and to inform service delivery.” This information is intended to advance health equity, improve quality, as well as help eliminate health care disparities. This information provided helps to establish a blueprint for individuals as well as health care organizations to implement culturally and linguistically appropriate programs. Tracking the prevalence of cultural and linguistic needs allows the county to assess if there are any disparities among groups with regard to access, treatment, respect, availability, and outcomes.

Gender Identity: the youth’s identified private sense and subjective experience of their gender

Average Age at Intake: provides the average age of youth at enrollment as well as the percentage of youth within each age group

Race/Ethnicity: the percentage of race and ethnicity that youth identify as at enrollment; youth are able to identify as more than one if they choose

Sexual Orientation: the self-identified direction of youth’s sexual interest toward members of one or more genders

Language: provides percentages related to several questions related to language and interpreter services

Education: provides percentages of the youth’s highest grade completed as well as the Primary caregiver’s highest level of education completed

Youth and Family Employment: percentages of youth/young adults and primary caregivers who report that they are currently employed

Household Income: this information is gathered in an income range and may come from the referral form or provided by the youth, young adult or family member

Current Financial resources utilized by the family: shows the percentage of listed financial resources that each youth/family identifies as using; respondents may indicate more than one

4. Youth Diagnosis at Intake

Page 7

List of any mental health diagnoses of the Identified Youth provided at intake or from an available psychiatric evaluation. Report provides both the number of youth in the listed diagnostic category as well as percentage.

Diagnostic Categories from the DSM 5 are in the shaded sections. The boxed percentages are the percentages of youth who have a diagnosis in that overall category. Subsections below represent a breakdown of the percentage of youth with specific diagnoses in that overall section.

5. Youth Disability Status at Intake

Page 8

This section was developed to meet the National Cultural and Linguistically Appropriate Services (CLAS) standards that were developed by Health and Human Services - Office of Minority Health in 2000 and enhanced in 2013.

6. First Planning Meeting

Page 9

These are collected as categories of people and not individuals. These data show how systems begin to collaborate and integrate and is very useful for Leadership Teams to identify strengths and barriers related to which system partners are connecting with youth and families.

7. Youth’s Family in the Military at Intake

Page 10

These questions are asked about family members who are currently serving on active duty, or are retired/separated from the Armed Forces, the Reserves, or the National Guard. SAMHSA is interested in gathering data about how funding contributes to services and supports for veterans.

8. Youth in the Military at Intake

Page 11

These questions are asked about youth who are currently serving on active duty, or are retired/separated from the Armed Forces, the Reserves, or the National Guard. SAMHSA is interested in gathering data about how funding contributes to services and supports for veterans.

9. Youth Suicidal Thoughts and Attempts at Intake

Page 12

This information is provided by the youth or young adult and is asked about any suicide attempt over the youth’s lifetime as well as any suicidal thoughts or attempts that occurred in the last 30 days.

10. Youth Traumatic Experiences at Intake

Page 13

This information is provided by the youth or young adult and is defined as a powerful event that may have long-lasting effects as defined by the person experiencing it. This section looks at any event over the youth’s lifetime as well as any event that occurred in the last 30 days.

11. All Other Interview Sections

Page 14

The rest of the report contains questions that are asked directly of the youth or young adult about their experiences in the last 30 days. If the youth or young adult is not available or unable to answer the questions, the primary caregiver may complete the interview on behalf of the youth or young adult in rare circumstances. Interview choices are stated in the data report for each section and all questions have options of “refused” and “unsure”. Missing data or skipped questions are also listed in the report. These questions will be asked again every 6 month that youth or young adults are enrolled in the service/program and again at discharge to track outcomes.

The interview sections are:

• Drug and Alcohol Use.....	page 14
• Living Situation.....	page 16
• Education.....	page 17
• Employment.....	page 18
• Crime and Criminal Justice Status.....	page 19
• Mental and Physical Health.....	page 20
• Behavioral Health Services.....	page 22
• Recovery.....	page 24
• Social Connectedness.....	page 25

System Referral and Involvement at Intake

Youth (N=135)

Referral Source: (n=135)		Systems Involved (n=135)	
Child Welfare	2.2%	Child Welfare	7.4%
Drug and Alcohol	0.7%	Drug and Alcohol	11.1%
Juvenile Justice	2.2%	Juvenile Justice	6.7%
Adult Criminal Justice System/Corrections	0.0%	Adult Criminal Justice System/Corrections	2.2%
Mental Health	74.1%	Mental Health	93.3%
General Mental Health	63.7%	General Mental Health	82.2%
Child Mental Health	4.4%	Child Mental Health	5.2%
Adult Mental Health	5.9%	Adult Mental Health	16.3%
Regular Education	3.0%	Special Education	17.8%
Special Education	0.7%	Physical Health	20.7%
Physical Health	0.0%	Office of Vocational Rehabilitation (OVR)	6.7%
Office of Vocational Rehabilitation (OVR)	10.4%	Missing	11.9%
Family/Relative	3.0%		
Self-referred	3.0%	Number of Systems Involved (n=119)	
Missing	0.7%	0 systems	3.4%
Other	10.4%	1 system	47.1%
		2 systems	42.0%
		3 systems	16.0%
		4 systems	4.2%
		5 systems	0.8%
		6 systems or more	0.0%

Multi-System Involvement (n=75)

Adult/Child Mental Health + Child Welfare	10.7%
Adult/Child Mental Health + Adult/Juvenile Justice System	10.7%
Adult/Child Mental Health + Child Welfare + Adult/Juvenile Justice System	2.7%

Notes: 1. Data collection forms were changed to add new answer choices while data collection was in progress. Shaded choices reflect the number of Youth/Young Adults where these options were available.

Adjusted N = 32

Youth Challenges Present at Intake

Youth (N=135)

Presenting Problems (n=135)

Missing Presenting Problems Data

2.2%

Presenting Problems at Intake (Total % can exceed 100%) (n=132)

1. Suicide-related problems	25.8%	17. Non-engagement with people	15.9%
2. Depression-related problems	56.1%	18. Sleeping problems	15.2%
3. Anxiety-related problems	54.5%	19. At risk for or has failed family home placement	6.8%
4. Hyperactive and attention-related problems	30.3%	20. Suspension from school or higher education	0.0%
5. Conduct/delinquency-related problems	14.4%	21. Expulsion from school or higher education	0.0%
6. Criminal/Legal-related problems	2.3%	22. Maltreatment (child abuse or neglect)	3.8%
7. Substance use, abuse, or dependence-related problems	16.7%	23. Other health problems for the Identified Youth	7.6%
8. Adjustment-related problems	14.4%	24. High-risk environment: Caregiver mental health	14.4%
9. Psychotic behaviors	9.1%	25. High-risk environment: Caregiver Substance Abuse	6.8%
10. Pervasive developmental disabilities	12.9%	26. High-risk environment: Family health problems	4.5%
11. Specific developmental disabilities	6.1%	27. High-risk environment: Other family problems	6.8%
12. Learning Disabilities	17.4%	28. High-risk environment: Problems related to housing	9.1%
13. School performance unrelated to learning disabilities	10.6%	29. High-risk environment: High-risk peer group	0.0%
14. Eating disorders	4.5%	30. High-risk environment: Unsafe/high crime neighborhood	0.8%
15. Gender identity	1.5%	31. Other:	19.7%
16. Separation problems	8.3%		

Notes: 1. Data collection forms were changed to add new answer choices while data collection was in progress. Shaded choices reflect the number of Youth/Young Adults where these options were available.

Adjusted N = 32

Youth and Family Demographics at Intake

Youth (N=135)

Gender Identity (n=135)

Male	50.4%	Refused	0.0%
Female	45.9%	Unsure	0.0%
Transgender Male-to-Female	1.5%	Missing	0.0%
Transgender Female-to-Male	1.5%		
Intersex	0.0%		
Other Gender	0.7%		

Average Age at Intake: 20.3 years

(n=135)

Age Groups at Intake

Birth to 3 years	0.0%	Missing	2.2%
4 to 6 years	0.0%		
7 to 11 years	0.0%		
12 to 14 years	0.0%		
15 to 18 years	37.8%		
19 to 21 years	33.3%		
22 to 23 years	14.1%		
24 to 25 years	11.1%		
26+ years	3.0%		

Race/Ethnicity (n=135)

Race (total may exceed 100%)

African American or Black	7.4%	Refused	0.7%
Alaska Native or American Indian	1.5%	Unsure	0.7%
Asian	0.7%	Missing	1.5%
Native Hawaiian or Pacific Islander	0.0%		
White or Caucasian	80.0%		
Multiracial	7.4%		
Other	3.7%		

Ethnicity

Hispanic	12.6%	Refused	0.0%
non-Hispanic	72.6%	Unsure	1.5%
		Missing	13.3%

Youth and Family Demographics at Intake

Youth (N=135)

Sexual Orientation (n=135)

Heterosexual	74.8%	Refused	2.2%
Gay	3.0%	Undecided or Not Applicable	2.2%
Lesbian	0.7%	Missing	2.2%
Bisexual	11.9%		
Questioning	2.2%		
Asexual	0.7%		

Language and Culture

How well Caregiver speaks English (n=135)

Very well	69.6%	Not applicable (no caregiver)	20.0%
Well	7.4%	Unsure	2.2%
Not well	0.7%	Missing	0.0%
Not at all	0.0%		

How well Youth speaks English (n=135)

Very well	85.2%	Not applicable (under 6 years old)	0.0%
Well	14.1%	Unsure	0.0%
Not well	0.0%	Missing	0.7%
Not at all	0.0%		

Language other than English spoken at home (n=135)

Yes	17.8%	Unsure	2.2%
No	80.0%	Missing	0.0%

Which languages other than English spoken at home (n=24)

Spanish	50.0%	Missing	33.3%
Other	16.7%		

Interpreter Services Offered (n=24)

Yes	16.7%	Unsure	4.2%
No	54.2%	Missing	20.8%

Interpreter Services Used (n=4)

Yes	0.0%	Missing	0.0%
No	100.0%		

Youth and Family Demographics at Intake

Youth (N=135)

Education

Youth's Level of Education	(n=135)		
Pre-elementary	0.0%	Refused	0.0%
Grade 1	0.0%	Unsure	1.5%
Grade 2	0.0%	Missing	0.7%
Grade 3	0.0%		
Grade 4	0.0%		
Grade 5	0.0%		
Grade 6	0.0%		
Grade 7	0.0%		
Grade 8	3.7%		
Grade 9	6.7%		
Grade 10	11.1%		
Grade 11	18.5%		
Grade 12	1.5%		
HS diploma	48.1%		
GED	3.0%		
Tech School degree	1.5%		
Associate's degree	3.0%		
Bachelor's degree	0.0%		
Master's degree	0.7%		
Doctorate degree	0.0%		

Caregiver's Level of Education	(n=135)		
No HS diploma	8.1%	Not Applicable	21.5%
HS diploma	15.6%	Refused	0.0%
GED	3.7%	Unsure	25.2%
Tech degree	2.2%	Missing	3.7%
Associate's degree	6.7%		
Bachelor's degree	8.1%		
Master's degree	3.7%		
Doctorate degree	1.5%		

Youth and Family Demographics at Intake

Youth (N=135)

Youth and Family Employment

Youth currently employed (n=135)

Yes	80.7%	Refused	0.0%
No	18.5%	Unsure	0.7%
		Missing	0.0%

Caregiver currently employed (n=135)

Yes	25.2%	Not Applicable	23.0%
No	43.7%	Refused	0.0%
		Unsure	5.9%
		Missing	2.2%

Household Income

Range of Income (n=135)

\$0 - \$9,999	30.4%	Refused	5.9%
\$10,000 - \$19,999	7.4%	Unsure	32.6%
\$20,000 - \$29,999	5.2%	Missing	1.5%
\$30,000 - \$39,999	5.2%		
\$40,000 - \$49,999	3.0%		
\$50,000 - \$59,999	2.2%		
\$60,000 - \$69,999	2.2%		
\$70,000 +	4.4%		

Current Financial Resources Utilized by Family (total may exceed 100%) (n=135)

Medicaid	69.6%
Pennsylvania Children's Health Insurance Program (CHIP)	2.2%
Supplemental Security Income (SSI)	40.0%
Temporary Assistance for Needy Families (TANF)	3.7%
Local County Programs	23.0%
Private Insurance	26.7%

Youth Diagnosis at Intake

Youth (N=135)

Has Diagnosis (n=135)

Yes	87.4%	Missing	8.9%
No	3.0%		

Diagnostic Categories (totals may exceed 100%) (n=118)

Neurodevelopmental Disorders (n=45)	38.1%	Feeding and Eating Disorders (n=5)	4.2%
Intellectual Disabilities	8.9%		
Communication Disorders	2.2%	Disruptive, Impulse-Control, and Conduct Disorders (n=17)	14.4%
Autism Spectrum Disorder	62.2%	Oppositional Defiant Disorder	64.7%
Attention-Deficit/Hyperactivity Disorder	57.8%	Conduct Disorder	0.0%
Learning Disorders	0.0%	Intermittent Explosive Disorder	29.4%
Other Neurodevelopmental Disorders	4.4%	Other Disruptive Disorders	11.8%
Schizophrenia Spectrum and Other Psychotic Disorders (n=7)	5.9%	Substance-Related and Addictive Disorders (n=1)	0.8%
Bipolar and Related Disorders (n=18)	15.3%	Alcohol	100.0%
Depressive Disorders (n=36)	30.5%	Substance-Related	100.0%
Anxiety Disorders (n=27)	22.9%	Tobacco	0.0%
Obsessive-Compulsive and Related Disorders (n=2)	1.7%	Caffeine	0.0%
Trauma- and Stressor-Related Disorders (n=14)	11.9%	Gambling	0.0%
Reactive Attachment Disorder	0.0%	Personality Disorders (n=4)	3.4%
Disinhibited Social Engagement Disorder	0.0%	Other Disorders (n=10)	8.5%
Posttraumatic Stress Disorder	64.3%	Missing Diagnosis (n=29)	24.6%
Acute Stress Disorder	0.0%		
Other Trauma Disorders	35.7%		
Dissociative Disorders (n=0)	0.0%		

Notes: 1. Diagnostic Categories from the DSM 5 are in the shaded sections. The boxed percentages are the percentages of youth who have a diagnosis in that category.

2. Subsections represent a breakdown of the percentage of youth with specific diagnoses in that diagnostic section.

Youth Disability Status at Intake

Youth (N=135)

Intellectual and Developmental Disability		(n=135)	
Yes	23.7%	Refused	0.0%
No	63.7%	Unsure	11.1%
		Missing	1.5%
Deaf		(n=135)	
Yes	3.0%	Refused	0.0%
No	94.8%	Unsure	2.2%
		Missing	0.0%
Blind		(n=135)	
Yes	5.9%	Refused	0.0%
No	93.3%	Unsure	0.7%
		Missing	0.0%
Difficulty Concentrating		(n=135)	
Yes	57.0%	Refused	0.0%
No	33.3%	Unsure	6.7%
		Missing	2.2%
Difficulty Walking or Climbing Stairs		(n=135)	
Yes	2.2%	Refused	0.0%
No	94.1%	Unsure	0.7%
		Missing	2.2%
Difficulty Dressing or Bathing		(n=135)	
Yes	5.2%	Refused	0.0%
No	90.4%	Unsure	2.2%
		Missing	1.5%

First Planning Meeting

Youth (N=135)

First Planning Meeting (n=135)

	# Youth	%
Missing Planning Meeting Data	8	5.9%

Who Participated (n=127)

	# Participated	%
1. Youth's/Young adult's caregiver or guardian	40	31.5%
2. Youth/Young adult	109	85.8%
3. Other family member	9	7.1%
4. Case manager	28	22.0%
5. Therapist	9	7.1%
6. Mental health staff	27	21.3%
a. Other mental health staff	21	16.5%
b. Other child mental health staff	2	1.6%
c. Other adult mental health staff	9	7.1%
7. Education staff	0	0.0%
a. Education staff	0	0.0%
b. Special Education staff	0	0.0%
c. Higher Education staff	0	0.0%
8. Child welfare staff	0	0.0%
9. Juvenile justice staff	2	1.6%
10. Adult Criminal justice System/Corrections staff	1	0.8%
11. Health staff	2	1.6%
12. Office of Vocational Rehabilitation (OVR) staff	1	0.8%
13. Family peer support	3	2.4%
14. Planning process facilitator/service coordinator	16	12.6%
15. Youth peer support	38	29.9%
16. Other	25	19.7%

Notes: 1. Data collection forms were changed to add new answer choices while data collection was in progress. Shaded choices reflect the number of Youth/Young Adults where these options were available.

Adjusted N = 27

Youth's Family in the Military at Intake

Youth (N=135)

Family's Current or Past Service in the Armed Forces, the Reserves, or the National Guard (n=135)

Yes	15.6%	Refused	0.0%
No	75.6%	Unsure	7.4%
		Missing	1.5%

Which Family Members (may exceed 100%) (n=21)

a. Youth's spouse	0.0%	Refused	0.0%
b. Youth's unmarried partner	0.0%	Unsure	0.0%
c. Youth's mother	14.3%	Missing	0.0%
d. Youth's father	57.1%		
e. Youth's son	0.0%		
f. Youth's daughter	0.0%		
g. Youth's brother	4.8%		
h. Youth's sister	14.3%		
i. Other	33.3%		

Youth in the Military at Intake

Youth (N=135)

Identified Youth's Service in the Armed Forces, the Reserves, or the National Guard

(n=135)

Yes	0.0%	Not Applicable (under 17)	12.6%
No	84.4%	Refused	0.0%
		Unsure	0.7%
		Missing	2.2%

Branch Served (n=0)

Army	0.0%	Refused	0.0%
Marine Corps	0.0%	Unsure	0.0%
Navy	0.0%	Missing	0.0%
Air Force	0.0%		
Coast Guard	0.0%		
Public Health Service (PHS)	0.0%		
National Oceanic and Atmospheric Administration (NOAA)	0.0%		

Type of Service (n=0)

Active	0.0%	Refused	0.0%
Reserve	0.0%	Unsure	0.0%
National Guard	0.0%	Missing	0.0%

Current Service Status (n=0)

On active duty	0.0%	Refused	0.0%
Separated	0.0%	Unsure	0.0%
Retired	0.0%	Missing	0.0%

Combat Zone Deployment (n=0)

No, never	0.0%	Refused	0.0%
Yes, Iraq or Afghanistan	0.0%	Unsure	0.0%
Yes, Persian Gulf	0.0%	Missing	0.0%

Youth Suicidal Thoughts and Attempts at Intake

Youth (N=135)

Youth Attempted Suicide in Their Lifetime (n=135)

Yes	37.8%	Refused	3.0%
No	56.3%	Unsure	1.5%
		Missing	1.5%

Suicidal Thoughts in the Past Six months (n=135)

Yes	18.5%	Refused	2.2%
No	58.5%	Unsure	0.7%
		Missing	20.0%

Attempted Suicide in the Past Six months (n=135)

Yes	8.1%	Refused	1.5%
No	70.4%	Unsure	0.0%
		Missing	20.0%

Youth Traumatic Experiences at Intake

Youth (N=135)

Youth Experienced Traumatic Event in Their Lifetime (n=135)

Yes	51.1%	Refused	0.7%
No	43.0%	Unsure	2.2%
		Missing	2.2%

Type of Traumatic Event (may exceed 100%) (n=69)

Natural or man-made disaster	4.3%
Community or school violence	20.3%
Interpersonal violence (including physical, sexual, or psychological)	59.4%
Military trauma	1.4%
Other	23.2%
Missing	10.1%

Posttraumatic Stress Disorder Symptoms (n=69)

	Yes	No	Refused	Unsure	Missing
Had nightmares or persistent thoughts	60.9%	27.5%	1.4%	8.7%	1.4%
Avoided thinking about or situations that reminded them of the experiences	76.8%	17.4%	1.4%	2.9%	1.4%
Were on guard, watchful, or easily startled	62.3%	26.1%	1.4%	8.7%	1.4%
Numbness or detachment	58.0%	26.1%	1.4%	13.0%	1.4%

Number of Posttraumatic Stress Disorder Symptoms Reported (n=69)

0 symptoms	7.2%	3 symptoms	23.2%
1 symptoms	14.5%	4 symptoms	31.9%
2 symptoms	23.2%		

Experienced a Traumatic Event in the Past 30 Days (n=135)

Never	64.4%	Refused	0.7%
A few times	11.9%	Unsure	0.7%
More than a few times	4.4%	Missing	17.8%

Youth Drug and Alcohol Use at Intake

Youth (N=135)

Alcoholic Beverages in Past 30 Days (n=135)

	Yes	Avg # of days	No	Refused	Unsure	Missing
Used any? (n=135)	14.8%	4.2	65.9%	0.0%	0.0%	19.3%
Used to intoxication? (n=20)	50.0%	4.4	50.0%	0.0%	0.0%	0.0%

Male (n=68)

	Yes	Avg # of days	No	Refused	Unsure	Missing
Used any? (n=68)	16.2%	4.9	67.6%	0.0%	0.0%	16.2%
Used to intoxication? (n=11)	54.5%	6.2	45.5%	0.0%	0.0%	0.0%

Female, Transgender, Other (n=67)

	Yes	Avg # of days	No	Refused	Unsure	Missing
Used any? (n=67)	13.4%	3.3	64.2%	0.0%	0.0%	22.4%
Used to intoxication? (n=9)	44.4%	1.8	55.6%	0.0%	0.0%	0.0%

Missing Gender = 0

Perception of the Riskiness of Weekly Alcohol Intoxication (n=135)

No risk	8.9%	Refused	0.0%
Slight risk	11.1%	Unsure	11.1%
Moderate risk	22.2%	Missing	18.5%
Great risk	28.1%		

Youth Drug and Alcohol Use at Intake

Youth (N=135)

Use of Illegal Drugs in Past 30 Days (n=135)

	Yes	Avg # of days	No	Refused	Unsure	Missing
Used any	7.4%	11.8	73.3%	0.7%	0.0%	18.5%

Types of Illegal Drugs Used in Past 30 Days (n=10)

	Yes	Avg # of days	No	Refused	Unsure	Missing
Cocaine	10.0%	1.0	90.0%	0.0%	0.0%	0.0%
Prescription stimulants	10.0%	1.0	90.0%	0.0%	0.0%	0.0%
Methamphetamine	0.0%	0.0	100.0%	0.0%	0.0%	0.0%
Inhalants	0.0%	0.0	100.0%	0.0%	0.0%	0.0%
Sedatives or sleeping pills	0.0%	0.0	100.0%	0.0%	0.0%	0.0%
Hallucinogens	10.0%	1.0	90.0%	0.0%	0.0%	0.0%
Opioids	0.0%	0.0	100.0%	0.0%	0.0%	0.0%
Prescription opioids	10.0%	2.0	90.0%	0.0%	0.0%	0.0%
Cannabis	100.0%	11.8	0.0%	0.0%	0.0%	0.0%
Other	0.0%	0.0	100.0%	0.0%	0.0%	0.0%

Tobacco Use in Past 30 Days (n=135)

	Yes	Avg # of days	No	Refused	Unsure	Missing
Cigarettes	25.2%	24.1	55.6%	0.7%	0.0%	18.5%
Chewing tobacco	3.7%	8.6	77.0%	0.0%	0.0%	19.3%
Cigars	6.7%	3.0	74.8%	0.0%	0.0%	18.5%
Electronic Cigarettes	7.4%	10.5	73.3%	0.0%	0.0%	19.3%
Other	1.5%	19.0	79.3%	0.0%	0.0%	19.3%

Youth Living Situation at Intake

Youth (N=135)

Place Where Youth Lived the Most in the Past 30 Days (n=135)

a. Place not meant for habitation (e.g. a vehicle, an abandoned building, bus/train/subway station/airport, or anywhere outside)	0.0%
b. Emergency shelter, including hotel or motel	0.7%
c. Staying or living with family/friends (e.g. room, apartment, or house)	65.9%
d. Transition Housing	4.4%
e. Substance abuse treatment center or detox center	0.0%
f. Residential treatment (substance abuse or mental health)	0.0%
g. Therapeutic community or halfway house	0.0%
h. Psychiatric hospital or other psychiatric facility	1.5%
i. Long-term care facility or nursing home	0.0%
j. Hospital or other residential non-psychiatric medical facility	0.0%
k. Permanent supportive housing	3.0%
l. Foster care home or foster care group home	0.0%
m. Jail, prison, or juvenile detention facility	0.0%
n. House rented by youth	5.2%
o. House owned by youth	0.0%
p. Other	1.5%
Refused	0.0%
Unsure	0.0%
Missing	17.8%

Homelessness in the past 30 days (n=135)

	Yes	Avg # of days	No	Refused	Unsure	Missing
Spent nights homeless	1.5%	12.0	80.0%	0.0%	0.7%	17.8%

Youth Education at Intake

Youth (N=135)

Current Enrollment (n=135)

No, not enrolled	33.3%	Refused	0.0%
Enrolled, full-time	28.9%	Unsure	0.7%
Enrolled, part-time	13.3%	Missing	18.5%
Other	5.2%		

Unexcused Absences (n=64)

0 days	62.5%	Not applicable	3.1%
1 day	7.8%	Refused	1.6%
2 days	6.3%	Unsure	4.7%
3 to 5 days	9.4%	Missing	1.6%
6 to 10 days	1.6%		
More than 10 days	1.6%		

Youth's Current Completed Level of Education (n=135)

Pre-elementary	0.0%	Refused	0.0%
Kindergarten	0.0%	Unsure	0.0%
Grade 1	0.0%	Missing	18.5%
Grade 2	0.0%		
Grade 3	0.0%		
Grade 4	0.0%		
Grade 5	0.0%		
Grade 6	0.0%		
Grade 7	0.7%		
Grade 8	3.0%		
Grade 9	8.1%		
Grade 10	13.3%		
Grade 11	15.6%		
Grade 12/HS diploma/GED	31.9%		
Some college or university	8.1%		
Bachelor's degree or higher	0.0%		
Tech School degree	0.7%		

Youth Employment/Income at Intake

Youth (N=135)				
Youth is 16 or Older (n=135)				
Yes	80.7%	Missing		17.8%
No	1.5%			
Current Employment - Youth is 16 or Older (n=109)				
Employed, full-time (35+ hours per week, or would have been)				3.7%
Employed, part-time				20.2%
Unemployed, looking for work; unemployed disabled				42.2%
Unemployed, volunteer work				4.6%
Unemployed, retired				0.0%
Unemployed, not looking for work				20.2%
Unemployed, volunteer work				5.5%
Refused				0.0%
Unsure				0.0%
Missing				3.7%
Employed Youth Paid at or Above Minimum Wage (n=26)				
Yes	96.2%	Refused		0.0%
No	0.0%	Unsure		3.8%
		Missing		0.0%
Employed Youth Paid Directly by Employer (n=26)				
Yes	92.3%	Refused		0.0%
No	3.8%	Unsure		3.8%
		Missing		0.0%
Employed Youth in Sheltered Position (n=26)				
Yes	11.5%	Refused		0.0%
No	88.5%	Unsure		0.0%
		Missing		0.0%

Youth Crime and Criminal Justice Status at Intake

Youth (N=135)

Recent Criminal History (n=135)

	Yes	Avg # of times	No	Refused	Unsure	Missing
Arrested in the past 30 days	0.7%	1.0	80.7%	0.0%	0.0%	18.5%

Drug-related offenses (n=1)

	Yes	Avg # of times	No	Refused	Unsure	Missing
Arrests Related to Drugs	100.0%	1.0	0.0%	0.0%	0.0%	0.0%

Currently Awaiting Charges, Trial, or Sentencing (n=135)

Yes	2.2%	Refused	0.0%
No	76.3%	Unsure	0.0%
		Missing	21.5%

Currently on Parole or Probation (n=135)

Yes	8.9%	Refused	0.0%
No	70.4%	Unsure	0.0%
		Missing	20.7%

Youth Mental and Physical Health

Youth (N=135)

Overall Health (n=135)			
Excellent	14.1%	Refused	0.0%
Very Good	16.3%	Unsure	0.0%
Good	44.4%	Missing	18.5%
Poor	6.7%		

Dealing with Everyday Life during the past 30 days (n=135)								
	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Refused	Unsure	Missing
Deals with daily problems	0.7%	11.1%	15.6%	40.7%	10.4%	0.0%	3.0%	18.5%
Controls own life	0.7%	7.4%	10.4%	22.2%	8.1%	0.0%	0.7%	50.4%
Deals with crisis	3.7%	11.9%	17.0%	37.0%	9.6%	0.0%	2.2%	18.5%
Gets along with family	0.7%	5.2%	19.3%	29.6%	23.7%	0.0%	0.7%	20.0%
Does well in social situations	2.2%	14.1%	20.7%	28.9%	14.1%	0.0%	0.0%	20.0%
Does well in school and/or work	2.2%	3.7%	11.9%	32.6%	17.8%	1.5%	8.9%	20.7%
Is satisfied with housing	1.5%	4.4%	11.9%	29.6%	28.1%	0.7%	0.0%	23.0%
Symptoms don't bother them	5.9%	20.7%	11.1%	25.2%	11.1%	0.0%	3.0%	22.2%

Positive Daily Functioning (n=108)	
Youth is considered to be functioning well	60.2%

Notes: 1. Criteria established by the grant funder [Center for Mental Health Services (CMHS)] performance targets outlined in the Transformation Accountability Center (TRAC) for Mental Health Services' Outcomes Measures Report Guide.

2. For a Youth to be included in the Positive Daily Functioning sample, they must have completed at least five of the eight questions with valid answers. To be considered Positive, the average rating of those scores must be greater than 3.5 (scale 1-5).

Youth Mental and Physical Health

Youth (N=135)

Times Spent in a Facility During the Past 30 Days (n=135)

	Yes	Avg #	No	Refused	Unsure	Missing
Nights in a hospital for mental health care	3.7%	12.0	73.3%	0.0%	1.5%	21.5%
Nights in a facility due to substance abuse	1.5%	14.0	78.5%	0.0%	0.0%	20.0%
Trips to the Emergency Room	4.4%	1.0	73.3%	0.0%	1.5%	20.7%

Psychological Distress During the Past 30 days (n=135)

	None of the time	A little	Some	Most	All of the time	Refused	Unsure	Missing
Nervous	14.8%	14.8%	22.2%	14.8%	11.9%	1.5%	1.5%	18.5%
Hopeless	41.5%	12.6%	14.8%	8.9%	3.0%	0.7%	0.0%	18.5%
Restless or fidgety	28.1%	9.6%	17.0%	13.3%	11.1%	0.7%	0.0%	20.0%
So depressed, couldn't cheer up	38.5%	17.8%	13.3%	6.7%	2.2%	0.7%	2.2%	18.5%
That everything was an effort	28.1%	10.4%	23.7%	10.4%	8.1%	0.0%	0.7%	18.5%
Worthless	44.4%	11.1%	12.6%	5.9%	4.4%	0.7%	2.2%	18.5%

Psychological Distress (n=109)

No serious psychological distress 82.6%

Notes: 1. Criteria established by the grant funder [Center for Mental Health Services (CMHS)] performance targets outlined in the Transformation Accountability Center (TRAC) for Mental Health Services' Outcomes Measures Report Guide.

2. For a Youth to be included in the Psychological Distress sample, they must have completed at least four of the six questions with valid answers. To be considered Positive, the sum of those scores must be less than 13 (scale 0-4).

Youth Behavioral Health Services

Youth (N=135)		Number of Youth where this section was available (N=33)			
Received Behavioral Health Services in the past 6 months		(n=33)			
Yes	90.9%	Missing	6.1%		
No	3.0%				
Currently at risk for inpatient, residential, or partial hospitalization		(n=33)			
Yes	12.1%	N/A	0.0%		
No	75.8%	Missing	12.1%		
Type of Behavioral Health Services		(n=30)			
		Current	Past 6 months	None	Missing
a. Case Management		40.0%	53.3%	50.0%	3.3%
a1. Administrative		3.3%	3.3%	93.3%	6.7%
a2. Blended		63.3%	66.7%	33.3%	3.3%
a3. Intensive		0.0%	0.0%	90.0%	10.0%
b. Behavioral Health Rehabilitative Services		3.3%	10.0%	93.3%	3.3%
b1. Behavioral Specialist		6.7%	10.0%	80.0%	10.0%
b2. Mobile Therapist		0.0%	3.3%	86.7%	10.0%
b3. Therapeutic Support Staff		3.3%	6.7%	83.3%	13.3%
c. Psychiatric Rehabilitation Services		20.0%	26.7%	76.7%	3.3%
c1. Site Based (Clubhouse)		16.7%	23.3%	76.7%	6.7%
c2. Mobile		10.0%	10.0%	83.3%	10.0%
c3. Assertive Community Treatment (ACT) team		3.3%	3.3%	86.7%	10.0%
d. Crisis Intervention and Emergency Services Services		0.0%	13.3%	80.0%	10.0%
e. Inpatient psychiatric hospitalization		0.0%	20.0%	76.7%	6.7%
f. Mental Health Residential Treatment Facility		0.0%	13.3%	80.0%	6.7%
g. Partial hospitalization services		10.0%	26.7%	53.3%	10.0%
h. Psychiatrist		70.0%	76.7%	33.3%	10.0%

Notes: 1. Past 6 months services include any Current services.

2. Data collection forms were changed to add this section while data collection was in progress.

Youth Behavioral Health Services

Youth (N=135) **Number of Youth where this section was available (N=33)**

Received Behavioral Health Services in the past 6 months (n=33)

Type of Behavioral Health Services (cont.) (n=30)

	Current	Past 6 months	None	Missing
i. Certified Peer Support Services	43.3%	56.7%	50.0%	0.0%
j. Community Residential Rehabilitation Services Group	0.0%	0.0%	93.3%	6.7%
k. First Episode Psychosis (FEP)	0.0%	3.3%	93.3%	6.7%
l. High Fidelity Wraparound (HFW)	13.3%	13.3%	80.0%	6.7%
m. Transition to Independence Process (TIP)	0.0%	3.3%	90.0%	6.7%
n. Dialectical Behavior Therapy (DBT)	3.3%	3.3%	90.0%	6.7%
o. Functional Family Therapy (FFT)	0.0%	0.0%	90.0%	10.0%
p. Multidimensional Treatment Foster Care (MTFC)	0.0%	0.0%	90.0%	10.0%
q. Multisystemic Therapy (MST)	0.0%	0.0%	90.0%	10.0%
r. Outpatient therapy	56.7%	80.0%	23.3%	6.7%
s. Autism-specific Services	3.3%	6.7%	86.7%	6.7%
t. Intellectual Disabilities-specific services	3.3%	3.3%	90.0%	6.7%
u. School-based mental health services	0.0%	6.7%	86.7%	6.7%
v. Substance Abuse Treatment	3.3%	6.7%	86.7%	6.7%
w. Other:	3.3%	3.3%	90.0%	6.7%

Notes: 1. Past 6 months services include any Current services.

2. Data collection forms were changed to add new answer choices while data collection was in progress.

Youth Recovery at Intake

Youth (N=135)

Self-help Groups Attended over the Past 30 Days (n=135)

	Yes	Avg # of times	No	Refused	Unsure	Missing
Non-religious or faith-based groups	7.4%	1.6	73.3%	0.0%	0.7%	18.5%
Religious or faith-affiliated groups	3.7%	4.6	77.8%	0.0%	0.0%	18.5%

Interaction with Supportive Friends and/or Family in the Past 30 Days (n=135)

	Yes	No	Refused	Unsure	Missing
Yes	70.4%		Refused		0.0%
No	6.7%		Unsure		5.2%
			Missing		17.8%

Accomplished Intended Goals in the Past 30 Days (n=135)

		Refused	Unsure	Missing
Strongly agree	13.3%	Refused		0.0%
Agree	40.7%	Unsure		3.0%
Neutral	16.3%	Missing		18.5%
Disagree	4.4%			
Strongly disagree	3.7%			

Feels Capable of Managing Own Health Care Needs (n=135)

		Refused	Unsure	Missing
On own most of the time	17.0%	Refused		0.0%
With support from others most of the time	25.9%	Unsure		3.0%
On own	6.7%	Missing		18.5%
Some of the time and with support from others	23.7%			
Some of the time	3.7%			
Rarely or never	3.0%			

Has Friends and Family Supportive of Recovery (n=135)

		Not applicable (not in recovery)	Refused	Unsure	Missing
Strongly agree	24.4%	Not applicable (not in recovery)			18.5%
Agree	31.1%	Refused			0.0%
Neutral	3.0%	Unsure			2.2%
Disagree	1.5%	Missing			18.5%
Strongly disagree	0.7%				

Youth Social Connectedness at Intake

Youth (N=135)

Social Connectedness over the Past 30 Days (n=135)

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Refused	Unsure	Missing
Had people with whom they did enjoyable things	2.2%	3.0%	5.9%	45.9%	25.2%	0.0%	0.0%	17.8%
Had support needed for a crisis	0.7%	2.2%	8.1%	41.5%	28.9%	0.0%	0.7%	17.8%
Were happy with friendships	0.7%	8.9%	10.4%	40.7%	21.5%	0.0%	0.0%	17.8%
Felt like they belonged to their community	2.2%	10.4%	14.8%	33.3%	17.0%	0.0%	3.7%	17.8%