

What is the NAMI Homefront Education Program?

NAMI Homefront is a free, six-session education program for family, friends and significant others of military service members and Veterans with mental health conditions. It focuses on the unique needs of military and Veteran communities, such as post-deployment and post-discharge transitions.

The course is designed to help family members understand and support their loved one while maintaining their own well-being. The trained teachers of this course are also family members who have experience with military culture and know what it is like to have a loved one living with mental illness.

The Spring 2018 section of the NAMI Homefront Education Program is scheduled to begin on March 6 and will be held on Tuesdays from 6-8:30 p.m. at the Lebanon VA Medical Center, 1700 S. Lincoln Ave., Lebanon, PA 17042. This section of NAMI Homefront is offered by NAMI York and Lebanon VAMC.



Participant Perspectives

NAMI Homefront is an adaptation of the evidence-based NAMI Family-to-Family Education Program, which has been used in VA health facilities since the late 1990s.

“You realize that he will never be the same having been through war. I learned how to treat him more as an adult than as a hurt child.”

— Mother of a Veteran after graduating from a NAMI Family-to-Family class held at the VA in Ohio

Contact us by February 20, 2018, to register for the NAMI Homefront class!

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
Lebanon VA Medical Center

www.lebanon.va.gov | www.facebook.com/VALebanon

Lebanon VA Medical Center Contact:

Jonathan Hart at (717) 272-6621, ext. 5005
or your Mental/Behavioral Health Provider and ask to sign up!

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NAMI YORK Office: Susan Hein at (717) 848-3784

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI York is an affiliate of NAMI Pennsylvania. NAMI York and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.