

SCHEDULE

20th Children's Interagency Conference

April 30-May 3, 2018

Monday, April 30, 2018

Tuesday, May 1, 2018

Wednesday, May 2, 2018

Thursday, May 3, 2018

General information

Continuing education credits:

Continuing education credits (CEUs) will be offered for many presentations. We have applied for the following types of CEUs: Psychology, Social Work (LSW/LCSW, LFMT, and LPC), Act 48, Certified Peer Specialists, PQAS for early childhood professionals, and General CEUs. Please note that not all presentations will offer all types of CEUs, although all sessions will qualify for general and for Certified Peer Specialists (as long as the session has a person with lived experience as part of the team).

Social work: The conference program is offered for up to 16 hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Psychologists: Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is offered for up to 18.5 continuing education credits.

Certified Peer Specialists: Certified Peer Specialists, Youth and/or Family Leaders seeking continuing education verification are eligible for up to 27.5 hours of continuing education or 2.75 CEUs. This training also counts towards the annual requirement of "Recovery Oriented" training.

Educators (Act 48): The University of Pittsburgh is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. Western Psychiatric Institute and Clinic adheres to the Act 48 Continuing Education Guidelines.

Early Childhood: We are working with PA Key to provide PQAS hours for the conference.

Attendance requirements:

Participants are expected to attend the entire session to receive CE credits. Full attendance is required to receive the designated CE credits for the session. Partial credit will not be awarded; late arrivals or early departures will preclude awarding of CE credits. We will appreciate your cooperation in not asking for exceptions to this policy. Our policy is designed to help maintain the integrity of the continuing education program, and is required by our accrediting bodies.

Levels:

Basic: Introduction to a community service model or professional tool/instrument; description of specific conditions or modalities of treatment, community collaborative projects (focus is on obtaining basic knowledge).

Intermediate: State policy updates; review and application of research data related to specific conditions or service models; advanced information and updates about specific conditions, treatment modalities or professional instruments (focus is on enhancing knowledge and application).

Advanced: Review of most recent research/best practice in the context of a comprehensive field of knowledge, including application of research to the future direction of entire systems of care, treatment modalities or research initiatives; specific advanced skills that assume knowledge and proficiency in the area (focus is on synthesizing recent advances and future directions).

Key for target audiences listed:

C – Clinical

CO – County administrators, agency planners, and managed care organizations

XS – Cross-systems partners

F – Family

Y – Youth and young adult

EC – Early childhood

Parent, family member or youth/young adult co-presenters:

The goal of the Office of Mental Health and Substance Abuse Services is to have a parent or family member and/or a youth/young adult as a co-presenter or discussant in every workshop or institute. We continue to be committed to this goal. Where parent or family member or youth/young adult co-presenters are not yet named in the program, OMHSAS will work with presenter and family and youth organizations to identify co-presenters and discussants. Any parent or family member or youth/young adult who is interested in participating in this way should contact OMHSAS as soon as possible. Email ra-PWinteragencyconfPA@pa.gov.

Parent and youth/young adult scholarships:

Parent and youth/young adult scholarships are available to help with registration and lodging costs. Parents, youth, and young adults are encouraged to contact their counties for scholarship assistance. For more information about scholarships, please email ra-PWinteragencyconfPA@pa.gov.

Monday, APRIL 30, 2018

Noon-3:00 p.m.

Opening General Session

Welcoming Remarks

Shannon Fagan, Director, Bureau of Children's Behavioral Health Services, Office of Mental Health and Substance Abuse Services
Representative from the Department of Human Services

Families Supporting Families: More Than Just a Movement

Millie Sweeney, MS, Deputy Director, Family-Run Executive Director Leadership Association

Although families have been supporting each other for decades through family-run organizations, it has just been in the last fifteen to twenty years that family engagement and support has become recognized as a vital component of the service array for families of children and youth with emotional and behavioral disorders. Parents and caregivers are increasingly involved at both the practice and policy level across child-serving systems. This presentation will offer a "state of the field" regarding family engagement and the expanding provision of parent peer support nationally.

Elevating Young Adults to Young Professionals: The Next Evolution of Youth Development

Lacy (Kendrick Burk) Dicharry, MS, MBA, CEO, Kevin and Margaret Hines Foundation

A leader in the youth movement, Lacy will speak about the transition of being a youth learning to share her voice to being a youth advocate supporting collective youth voice for systems change. She will share through lived-experience and best practice how to support youth and young adults to use their voices as powerful change agents to improve systems and outcomes for youth and young adults across mental health and other systems.

Performance by the Capital Area School for the Arts, Harrisburg, PA

3:15-4:45 p.m.

Workshops

M 1

Level: Basic

Audience: F, Co, XS

Moving From Advocacy to Leadership: Strategies for Families and Their Community Partners.

Millie Sweeney, MS, Deputy Director, Family-Run Executive Director Leadership Association

Family leadership is a crucial component in developing and maintaining a

system of care. Leadership requires more than advocacy and involves a new set of skills to build collaborations and to support the growth of new family leaders. Community partners and providers must also be intentional in making the space for true family leadership. This workshop will explore the skills necessary to move from advocate to leader and the collaborative efforts that both caregivers and community partners must make.

M 2

Level: Basic

Audience: F, C, XS, Co

Youth MOVE Philadelphia: 10 Years of Crisis Intervention Training with the Philadelphia Police Academy

Shaiheed Days, Special Assistant on Family Engagement, Office of Child Development and Early Learning, Harrisburg PA

Youth MOVE Philadelphia (YMP) has had an ongoing partnership with the City's Crisis Intervention Team (CIT). For 10 years, YMP has provided co-facilitators to CIT, impacting over 40 officers at any given time. Youth voice and experience may have a long-standing impact on community issues. We will share stories of social challenges and generate a list of questions that will serve to aid attendees in assessing their capacity to generate a community project with their youth/young adult advocates.

M 3

Level: Basic

Audience: F, Y

Elevating Youth Advocates to Young Professionals: The Next Evolution of Youth Development

Lacy Dicharry, MS, MBA, CEO, Kevin and Margaret Hines Foundation

Transition happens for all young adults, and youth entering the field of advocacy are no exception. Young adults using their personal experiences need additional support in learning to apply these in a professional setting as they transition from being a "youth advocate" into an "advocate for youth" and continue their journey to "young professional." This workshop provides guidance and tip sheets both for the young advocate in transition and the adults who provide professional development support. A guide is available for free download at <http://www.pathwaysrtc.pdx.edu/pdf/pb-Youth-Advocacy-Guide.pdf>.

M 4

Level: Basic

Audience: Y, F, C, XS,

Childhood Trauma and the Refugee Population

Dr. Rochelle Von Hof, Director of Clinical Programming and Services, Barber National Institute, Erie PA

Cecelia Flowers, MA, LPC, Senior Clinical Supervisor, Barber National Institute, Erie PA

This workshop will provide an overview of childhood trauma and working with refugees. The workshop will educate and inform attendees about childhood trauma effects, signs and symptoms; educate and explain the Adverse Childhood Experience Survey (ACES); discuss the refugee population trauma; and provide case examples of working with refugees and approaches utilized. Finally, this workshop will discuss the positive

impact of using therapy/service animals when working with traumatized children.

M 5

Level: Basic

Audience: C, XS, Co

Us and Them: Conflict or Collaboration

Steve Simms, PhD., LMFT, Co-Director, Philadelphia Child and Family Therapy Training Center, West Chester, PA

Ken Smith, LPC, Clinical Supervisor for BHRS, ABA, IHH & Related Services, Colonial Intermediate Unit 20, Easton PA

Ron Prator, PhD., Supervisor of Clinical Supervision, Colonial Intermediate 20, Easton PA

Susan Kluge, BS and Suzanne Mulhern, Educational Advocates, Arc of Lehigh and Northhampton Counties, Bethlehem PA

Efforts to resolve child mental health concerns escalate into costly child-centered conflicts. Listen-Empathize-Agree-Partner (LEAP) and reframing are critical empirically supported techniques for building common ground. LEAP side steps blame and defensiveness and sets the stage for a co-discovered reframe of "Us" taking on a shared adversary "Them" (child-based symptoms).

M 6

Level: Basic

Audience: C

Friendship Groups: A Social and Emotional Skills Training Program

John Loughlin-Presnal, MS, PSU Child Study Center Friendship Group Program Coordinator, Penn State, University Park PA

This workshop will introduce participants to "Friendship Groups," a social and emotional skills training program, created by Dr. Karen Bierman. Friendship Groups were designed to help children who are experiencing difficulty with friendships. In addition to teaching social skills, the program promotes empathy, self-control, and effective coping with social stressors. Following an overview of theory and research supporting the program's effectiveness, this presentation will discuss methods for incorporating Friendship Group techniques into multiple clinical contexts.

M 7

Level: Basic

Audience: C, XS, Co

Intervening in Adolescent Substance Abuse: an Evidence-Based Model

Curt Bell, RN, BSN, Project Manager, Addiction Medicine Services, Western Psychiatric Institute and Clinic of UPMC, Pittsburgh PA

Erin Moriarty, LCSW, Clinical Supervisor, Center for Psychiatric and Chemical Dependency Services, Western Psychiatric Institute and Clinic of UPMC, Pittsburgh PA

In this workshop, participants will learn how to identify risky substance use among teens. Participants will be exposed to the evidence-based model of screening, brief intervention, and referral to treatment (SBIRT), which has shown positive results in medical settings. An overview of how to recognize and respond to adolescent substance use will be covered, along with screening tools. Medication assisted treatment options will also be

briefly discussed.

M 8

Level: Intermediate

Audience: Co

A S.T.E.P in the Right Direction: Philly's Integrated Approach to SBBH and Climate Supports for Schools

Lauren DellaCava, MSW, LCSW, Clinical Director of Children's Services, Community Behavioral Health, Philadelphia PA

Lori Paster, MS, LBS, Deputy Chief, Prevention and Intervention, School District of Philadelphia, Philadelphia PA

Maria Dobinick, MS, Consultant (Community Behavioral Health, Philadelphia PA

Melodie Jackson, Philadelphia System of Care, Philadelphia Department of Behavioral Health, Philadelphia PA

Philadelphia Behavioral Health and Community Behavioral Health partnered with the School District of Philadelphia, Mayor's Office of Education, and University Partners to design the Philadelphia Support Team or Education Partnership (STEP). Our goal is to improve the continuum of behavioral health services, from prevention and at-risk services to intensive treatment options. We aim to ensure wellness for all youth and families by identifying drivers of behavioral issues early and connecting children and families to natural community and appropriate resources. A behavioral health support team will consist of a Social Worker, a School Behavioral Consultant, a Case Manager and a Family Peer Specialist.

M 9

Level: Basic

Audience: All

Working Toward My Future Goals: Implementing Renew

Michael Minor, Educational Consultant, PaTTAN, Pittsburgh, PA

Sielke Caparelli, Educational Consultant, PaTTAN, Pittsburgh, PA

Lance Hank, Youth (Student)

RENEW is an intervention incorporating principles of school based behavioral health and secondary transition to address youth at risk of school drop-out. This session will introduce participants to the person centered planning process to guide youth to identify their strengths, goals, and dreams. A youth that experienced RENEW will present his story with a state trainer.

M 10

Level: Basic

Audience: XS

Peer Support for Transition-Age Youth

Lisa Milan, MSW, LBS, Supervisor and Coach, Greene County Human Services, Waynesburg PA

Melanie Trauth, CASSP Coordinator/SOC Coordinator, Greene County Human Services, Waynesburg PA

In this workshop you will learn what Greene County has developed to support and empower transition age youth. Through a youth guided approach, we've implemented evidenced based practices to ensure cultural competency keeping in mind the System of Care standards.

M 11

Level: Intermediate

Audience: Y, F, XS

Data-Driven High Fidelity Wraparound and Well-Informed Youth and Families

Monica Payne, MA, Evaluation Director, Youth and Family Training Institute, University of Pittsburgh, Monroeville PA

Toni Wagner, MA, Chief Operation Officer, Allegheny Family Network, Pittsburgh PA

Steven Freas, MSW, Unit Manager, Human Services Administration Organization, Pittsburgh PA

The Youth and Family Training Institute will highlight how our training and coaching models are supported by an innovative data collection and data visualization system that shows positive outcomes for High Fidelity Wraparound. Allegheny County coaches from HSAO and Allegheny Family Network will share how data guides their collaboration and how they developed a data-sharing tool with youth and families that is concise, accessible, and focused on progress toward the vision they want to achieve.

M 12

Level: Intermediate

Audience: C, XS, Co

The Three Cs of Care: Coordination, Cooperation and Communication in the Treatment of Youth with Complex Needs

Todd Hooe, Phd, MEd, BCBA, Program Director, Western Psychiatric Institute and Clinic of UPMC, RESPOND Program, Pittsburgh PA

Dr. Martin J. Lubetsky, MD, Clinical Service Chief, Western Psychiatric Institute and Clinic of UPMC, Pittsburgh PA

Jeanine Rasky, System Integration Director, Allegheny County Department of Human Services, Pittsburgh PA

Becky Haberstroh, MSW, Director of Youth and Family Services, Familylinks, Inc, Pittsburgh PA

This workshop will present an overview of Allegheny County's RESPOND Program, a multi-agency collaborative treatment program designed to meet the needs of youth with neurodevelopmental disabilities, comorbid mental health conditions, and severe challenging behaviors. The elements and importance of coordination, cooperation, and communication among RESPOND stakeholders in meeting the complex needs of the youth served by the program will be provided, as well as current barriers to effective care.

M 13

Level: Basic

Audience: F, C, XS

Strengths, Needs and IEPs: Special Education Services in Pennsylvania

Cathy Roccia-Meier, Family Education Coordinator, Institute on Disabilities at Temple University, Philadelphia PA

Joanne Eggleston, Parent Coordinator, School District of Philadelphia, Office of Specialized Services, Philadelphia PA

Participants will learn how to access special education services to support behavioral health, academic, and social-emotional needs. The eligibility process, types of supports available, the process for Transition into adulthood that starts at 14, and dispute resolution options and procedures

will be reviewed. Participants will learn families' rights, how to navigate the system and how to become an active participant in the process. Concrete resources and supports for families and professionals will conclude the session.

M 14

Level: Basic
Audience: All

Mindfulness: Knowing Yourself and Those Around You

Brandon Wiley, NCC, LPC, Executive Director, Opened Eyes, Erie PA

This training will assist in helping others be aware of their own prejudices, feelings, and differences. It will provide insight to the diverse "you" as well as the world around you.

M 15

Level: Advanced
Audience: C, Co, EC

A Systems Approach to Home Visiting

Kim Eckel, Young Child Wellness Coordinator, Allegheny County Department of Human Services, Pittsburgh PA
Leigh Carlson-Hernandez, Family Support Policy Board Director, University of Pittsburgh Office of Child Development, Pittsburgh PA

This presentation will provide a theoretical and practical account of the work Allegheny County has undertaken to build a coordinated referral system for home visiting. It will track moving from a system of home visiting programs that were highly competitive to one in which we work collaboratively on trainings, outreach and intake. It will outline some of the steps we have taken to weave home visiting opportunities into other systems, including those serving opioid-dependent mothers.

M 16

Level: Intermediate
Audience: Co

Open Table: Aligning the Resources of Faith, Government, and Community

Stan Mrozowski, Consultant, The Open Table, Inc., Harrisburg, PA
Jonathan Katov, Founder and CEO, The Open Table, Inc., Phoenix AZ
Mary Getz, Open Table Coordinator, Aliquippa Impact, Aliquippa, PA
Emonee Simmons, Economy, PA

The Open Table, Inc. is working with SAMHSA funded System of Care communities across the country, to create government/faith community partnerships to transform the lives of people beset by poverty and other difficult life challenges. The presentation will include a description of the Open Table Model with explanation of training, funding, and the research on impact and outcomes. The presentation will feature reports from Beaver County that has been implementing the Open Table Model.

5:00 to 6:00 p.m.

Youth and Family Gathering to Discuss School Based Mental Health Services

Meeting with Judith Dogin, MD, Child and Adolescent Psychiatrist; former Chief Medical Officer and Deputy Chief Executive Officer,

Community Care Behavioral Health Organization

This is a time to identify strengths and challenges in the provision of behavioral health services in schools, and to share personal experiences as participants feel comfortable. It is a time for this keynote speaker to solicit and actively listen to the experience of audience members related to school behavioral health services in preparation for the interactive keynote on Tuesday.

6:15 pm.

Youth M.O.V.E. PA Dinner and Activity

7:00-8:30 p.m.

Level: Basic

Audience: Y, F, C

Documentary Film Showing

The Rainman Effect

Michelle Heim, Lead Trainer and Field Support Coordinator for PA, Youth Advocate Programs and Adult Services, Reading PA
Brian Kluchurosky, Director, Allegheny Office, Youth Advocate Programs and Adult Services, Pittsburgh PA

Daniel Hackett, Self-Advocate, Youth Advocate Programs and Adult Services, Pittsburgh PA

The documentary will be shown with a discussion by the filmmakers about how the film emerged and its impact on future of the field of Autism.

Tuesday, May 1, 2018

7:30-8:45 a.m.

Continental Breakfast

9:00 a.m.-12:15 p.m.

Institutes (three hours)

T 1

Level: Basic

Audience: C

Introduction to Attachment-Based Family Therapy for Depressed and Suicidal Adolescents

Jody Russon, PhD, Research Associate, Center for Family Intervention Science at Drexel University, Philadelphia, PA

Maliha Ibrahim, Graduate Student, Couples and Family Therapy Program, Drexel University, Philadelphia, PA

The Attachment-Based Family Therapy (ABFT) Institute reviews the theory, research and clinical strategies of ABFT. ABFT is the only manualized, empirically supported family therapy for adolescents struggling with depression and suicide. Tested with diverse families, ABFT is a trust-based, emotion-focused, process-oriented, brief therapy organized by five treatment tasks. Participants will learn to use this model to help families repair interpersonal ruptures that have damaged trust and rebuild emotionally protective, secure parent-child relationships.

T 2

Level: Basic

Audience: F, C, XS, Co

Finding a Better Way: Therapeutic Crisis Interventions for Caregivers

Brent Swope, Coordinator of Milieu and Behavioral Management Training Program, WellSpan Philhaven, Mt. Gretna, PA

Shannon Stalnaker, Director of FBMHS, Dauphin County, WellSpan Philhaven, Mt. Gretna, PA

This presentation is designed to empower caregivers who experience difficulty in dealing with their children's repeated challenging behaviors. The course will outline the progression of a behavioral crisis and identify interventions and skills that help children de-escalate and regulate their emotions. Caregivers develop their ability to recognize personal reactions to challenging behaviors while assessing underlying reasons for their child's behavior. This course was adapted from a training program known as Therapeutic Crisis Intervention.

T 3

Level: Basic

Audience: C, XS

Working with Youth and Families: Sexuality and Gender Identity/Expression Best Practices

Shauna Lucadamo, MA, Gender and Sexuality Advisor, Allegheny County Department of Human Services, Pittsburgh, PA

This training aims at providing those who work in child welfare some baseline information to be able to better work with and serve all youth related to sexuality and gender identity/expression. Modules cover health

disparities, sexuality, and gender 101, including dimensions of sexuality and gender, as well as current terminology and best practices for working with youth with system involvement.

T 4

Level: Intermediate

Audience: F, C, EC

Leveraging Empathy in Early Childhood Settings: a Mindful Approach

Marnie Aylesworth, EdD, Executive Director, The Pennsylvania Key, Harrisburg, PA

Madeline Eckert, Center Director, Lancaster Early Education Center, Lancaster, PA

Mindfulness is a mental state achieved by focusing one's attention on the present moment, while calmly acknowledging and accepting one's feelings and thoughts without judgment. This session will discuss how this concept relates to early childhood settings. We will discuss the research surrounding mindfulness and its benefits and connect this to practical implementation strategies. There will be hands on practice of techniques and we will hear about the successes and challenges of implementing mindful strategies in an early childhood center.

T 5

Level: Basic

Audience: C, Co

York County SS/HS: Integrated Support for Children and Youth in Schools and Community

Anne Katona Linn, MEd, BCBA, State Project Co-Director, PA Safe Schools & Healthy Students Partnership, Paxinos, PA

Colleen Igo, System and Community Initiatives Manager, York County Human Services, York, PA

Kathy Minnich, PhD, LCSW, School Social Worker, Communities That Care; President, Northeastern School District, Communities That Care, Manchester PA

Kim Neptune, MS, SSHS Program Coordinator, Northeastern School District, Manchester PA

This session will demonstrate how York County created models of cross-systems collaboration through the merging of the System of Care Standards and the Positive Behavior Interventions and Supports framework at the school and county through a partnership with the State SSHS cooperative agreement. Presenters from schools, county and state will illustrate how to comprehensively build and embed a continuum of programs and services while simultaneously integrating authentic youth and family voice into decision making.

T 6

Level: Basic

Audience: F

An Introduction to Trauma for Parents and Caregivers

Susannah Spanton Horsey, Trainer Supervisor, Lakeside Global Institute, North Wales, PA

Michelle Machado, Mentor Trainer, Lakeside Global Institute, North Wales, PA

Parents and Caregivers can play an important role in helping children recover from traumatic events. This workshop is designed to provide

introductory information about the impact of trauma and the power of relationships to help children heal. The more parents and caregivers understand how trauma affects children, the more they will understand the reasons for kids' behaviors and emotions, and the more they will be able to help them cope.

T 7

Level: Intermediate
Audience: C, XS, Co

Functional Behavioral Assessment

Stacy Nonnemacher, PhD, Clinical Director, Bureau of Autism Services, Harrisburg, PA
Amy Alford, MEd, BCBA, Senior Clinical Consultant, Bureau of Autism Services, Harrisburg, PA

Conducting a comprehensive Functional Behavioral Assessment (FBA) requires an understanding of: a) the outcome of each step, and b) relevant tools to complete the steps. This session will highlight the practical application of this holistic case conceptualization process through case examples and emphasis on tools and tips. Potential process pitfalls will also be reviewed in an effort to control for limitations that could hinder the integrity of the process.

9:00-10:30 a.m.

Workshops (90 minutes)

T 8

Level: Intermediate
Audience: C

Creating and Maintaining an Agency Culture that Supports Families and Youth as Equal Workforce Members

Bryon K. Luke MSS, LSW, Senior Managing Director, Child and Family Focus, Inc., Broomall, PA
Artheria Taggart, Facilitator-High Fidelity Wraparound, Child and Family Focus, Inc., Broomall, PA
Additional presenter to be determined

It is vital for agencies to understand how to support family and youth peers as their presence in human services grow. Practicing System of Care values at the system and agency level is vital to create a cohesive, supportive team for families. This workshop will explore the potential impact on agency policy and procedure, teamwork paradigms, and agency culture that may be present as an agency creates the Parent/Professional partnership found in the High Fidelity Wraparound Model.

T 9

Level: Basic
Audience: Y, F, C

Preventing Youth Suicide by Promoting Healthy Lifestyles and Resilience

Presenters:
Perri Rosen, PhD, NCSP, Project Director, Garrett Lee Smith Youth Suicide Prevention Grant, Bureau of Children's Behavioral Health Services, Harrisburg, PA
Marisa Vicere, President and Founder, Jana Marie Foundation, Pine Grove Mills, PA

Enhancing protective factors, including creating a supportive network around young people and providing them with tools to build resilience, is essential too

preventing youth suicide and supporting youth during transitions and stressful life events. This presentation will examine patterns of stress, provide information about youth mental health and suicide prevention, and demonstrate hands-on techniques to help young people build resilience and plan for a meaningful life.

T 10

Level: Basic

Audience: Y, C

Youth Advocate to Advocate for Youth

Corey Ludden, Technical Assistance and Engagement Coordinator,
Youth M.O.V.E. PA (Motivating Others through Voices of
Experience) Harrisburg PA

Zack Karenchak, Policy and Program Development Coordinator,
Youth M.O.V.E. PA (Motivating Others through Voices of
Experience) Harrisburg, PA

In this session we discuss the seven stages of a youth's journey from just starting to become a youth advocate to becoming an adult who is now advocating for youth.

T 11

Level: Basic

Audience: All

X, Y, Z: Understanding the Culture of Our Generation Alphabet

Lisa M. Lowrie, LSW, Director of Advocacy and Consumer Relations,
The Bradley Center, Pittsburgh, PA

Understanding culture is important to human services. Whether we are family members seeking treatment for youth, or employees working with youth, we should be sensitive to how we perceive the generations, and how that may negatively impact communication. Join this workgroup to gain a better understanding of the culture of generations X and Y and demystify misconceptions. In addition, we'll look at generation Z, the youth we are currently serving and the future of our workforce.

T 12

Level: Intermediate

Audience: C, XS, Co, EC

Infant and Early Childhood Mental Health: What Is It and Why Is It Important?

Brandy V. Fox, LCSW, Vice President, Pennsylvania Infant Mental
Health Association, Harrisburg, PA

Michele Myers-Cepicka, Parent Representative, Project LAUNCH;
Founding Member of PA-AIMH (Agency - not listed, Location - not
listed)

Current research has shown that how children develop early in life can impact their entire life. This session will begin with a review and discussion of core concepts of early brain development and the definition of infant/early childhood mental health. Participants will be able to apply the knowledge of social and emotional development to their daily work with young children to improve the quality of relationships and promote wellness. Social-emotional resources and professional endorsement will be highlighted.

T 13

Level: Basic

Audience: F, C, XS, Co, EC

OCDEL's Programs and Supports for Young Children and Their Families

Sue Polojac, Director, Race to the Top, Office of Child Development

and Early Learning, Harrisburg, PA

Andrea Algatt, Program Specialist Supervisor, Office of Children Development and Early Learning, Bureau of Early Intervention Services and Family Supports, Harrisburg, PA

This presentation will review the Office of Child Development and Early Learning (OCDEL) including the four bureaus: the Bureau of Early Intervention Services and Family Supports, the Bureau of Certification Services, the Bureau of Subsidized Child Care Services, and the Bureau of Early Learning Services. Each of the four bureaus has unique responsibilities that all involve providing families with children ages 0-5 with services that prepare their children for school and life success.

T 14

Level: Intermediate
Audience: Y, F, C, Co

Trauma Informed Community? It's All About the Journey-Crawford County's Lesson's Learned

Joe Barnhart, Crawford Co. System of Care Coordinator, Crawford Co Human Services, Meadville, PA

This presentation will explain Crawford County's experience in the continuing journey of creating a trauma-informed and resilient community through a collaborative process facilitated by its System of Care (SOC) partnership. The presentation team, comprised of system, family and youth partners, will provide a brief overview of the Adverse Childhood Experiences (ACEs) Study and how ACEs sparked Crawford's movement to become a trauma informed and resilient community.

T 15

Level: Intermediate
Audience: XS, Co

Data Sharing/School Mental Health: How County Government Effectively Intervenes

Ruth Ann Koss, MEd, Program Manager, Allegheny County Department of Human Services, Office of Behavioral Health, Pittsburgh, PA

Samantha Murphy, MA, NCC, Manager, Resource and Referral Services, Education Liaison, Allegheny County Department of Human Services, Executive Office, Pittsburgh, PA

Suzanne Hull, BA, Mental Health Program Specialist, School-based Liaison, Allegheny County Department of Human Services, Office of Behavioral Health, Pittsburgh, PA

Since 2009, Allegheny County Department of Human Services and 19 of its 43 school districts have successfully negotiated a Memorandum of Understanding allowing for the sharing of student data and human services involvement across education and other child serving systems. Development of the MOU was undertaken to inform strategies aimed at improving educational and mental health and wellness outcomes of children. Key challenges (legal barriers, technical capacity, costs) were overcome to successfully form the partnerships.

T 16

Level: Basic

My Life Matters: Youth as Agents of Change

Tara Karbiner, LCSW, Children's Clinical System Transformation

Audience: C, XS

Manager, Magellan Behavioral Health, Newtown, PA
Marissa Gates, CPS, Youth Supports Coordinator, Magellan Behavioral Health, Newtown, PA
Additional presenters to be determined

Magellan Health Services, Bucks, Montgomery, Delaware, Lehigh and Northampton Counties partnered in 2010 to begin MY LIFE (Magellan Youth Leaders Inspiring Future Empowerment) groups in Pennsylvania. MY LIFE provides a forum for young people to get involved and improve the services and supports available to them. Youth are provided leadership opportunities, increased social connections, and learn new skills through the many offerings of MY LIFE. Learn about the impact MY LIFE has had on the young people involved as well as their communities.

T 17

Level:

Audience: F, Co

The Final Piece: Family Peer Support Services

Presenters:

Millie Sweeney
Wendy Luckenbill
Crystal Karenchak

Pennsylvania is collaborating with the national efforts to professionalize and sustain Family Peer Support Services. Like all "peer support," there is something transformative about getting help from someone who has walked in your shoes. For over 25 years, this practice has evolved by sheer will of those convinced of its effectiveness in supporting families in their role as the primary driver of services and care for their children. Come learn how you can help.

10:30-10:45 a.m.

Break

10:45 a.m.-12:15 p.m.

Workshops (90 minutes)

T 18

Level: Basic

Audience: All

Youth MOVE Philadelphia: A Chapter's Resilience and Legacy.

Shaiheed Days, Youth MOVE Philadelphia Coordinator, Philadelphia DBHIDS, Philadelphia, PA
Youth Representative, Youth MOVE member, Philadelphia DBHIDS, Philadelphia, PA
Youth Representative, Youth MOVE member, Philadelphia DBHIDS, Philadelphia, PA

This presentation is designed to engage youth/young adult advocates. Attendees will learn about the beginning of the Philadelphia Youth MOVE chapter, facing the tragedy of losing the chapter coordinator, supporting members through emotional loss and despair, reinvigorating the chapter years later and continuing a legacy of youth/young adult leadership development. Youth MOVE chapters are unique. Join us in hearing the dignifying voices and experiences that may keep your youth/young adults involved in leadership work for years to come.

T 19

Level: Basic
Audience: Y

An Introduction to Trauma for Youth

Marc Calica, Trainer, Lakeside Global Institute, North Wales, PA
SaraLiz Gausz, Trainer, Lakeside Global Institute, North Wales, PA

Many youth have endured traumatic experiences and often don't want to talk about the issues they faced – or they don't know how to. This workshop fosters a supportive and nurturing environment where youth learn about the impact of trauma while helping them heal and learn to cope. Our approach builds confidence and improves relationships with friends and family as youth understand foundational principles and learn skills to help themselves and those around them.

T 20

Level: Basic
Audience: Y, F, C, Co

Moving Beyond “Transitioned Aged Youth”: Staying Involved After Youthhood”

Alex C. Knapp, Former Tri-Chair, SLMT of the PA SOC Partnership, Pittsburgh, PA
Maxine Williams, Former Tri-Chair, SLMT of the PA SOC Partnership, Pittsburgh, PA

Let's admit it. At some point youthhood ends and we're no longer the youth partners sitting at the table. But, what then? How do we keep our seats while stepping aside for the next generation of youth leaders to take over? This presentation will examine the successes and struggles of two former SLMT Youth Tri-Chairs who have continued working for reformation of the child serving systems, but now do it as provider and community partners.

T 21

Level: Intermediate
Audience: F, C, Co, EC

Supporting Early Childhood Mental Health through Integrated Primary Care Services

Makeda Vanderpuije, Project LAUNCH Assistant, Allegheny County Health Department, Pittsburgh, PA
Julie Trbovich, Director of Advocacy, ACHIEVA, Pittsburgh, PA
Kim Eckel, Young Child Wellness Coordinator, Allegheny County Department of Human Services, Pittsburgh, PA

PA Project LAUNCH has successfully led an effort to enhance integration of behavioral health services in primary care settings within Allegheny County (children birth to eight). This workshop will describe the strategies used to engage local stakeholders, develop a tool to assess services provided, implement this assessment within 10 local pediatric care providers, share results with stakeholders and provide ongoing follow up and support. This workshop will also discuss using e-screening to promote universal screening in early childhood.

T 22

Level: Basic
Audience: F, C, XS, Co, EC
Continuing Education
pending approval

The Building Blocks of Family Leadership Development in Early Childhood

Sarah Holland, Special Assistant on Family Engagement, Office of Child Development and Early Learning, Harrisburg, PA

The early years of a child's life are integral to the development of family leaders. Families benefit from supports to encourage and build their system navigation, communication and advocacy skills. Specific models and strategies to support family leadership development currently implemented within Pennsylvania's Early Intervention program, including Competence and Confidence Partners in Policymaking (C2P2 EI) and Parents as Partners in Professional Development (P3D) will be highlighted. Profiles of successful family leaders will be shared along with opportunities for participants ask questions and exchange expertise.

T 23

Level: Basic

Audience: C, XS, Co

Understanding the Strengthening Families Protective Factors Framework

Rijelle Kraft, Family Support Technical Assistance Coordinator, Camp Hill, PA

The Strengthening Families™ Protective Factors, identified by the Center for the Study of Social Policy (CSSP), are strengths and resources that families can draw on when life gets difficult. When these five factors are present and robust, they keep families strong and children safe. In this interactive workshop, we will define each factor, identify everyday actions that promote them in families, and explore resources for family support professionals to incorporate this approach into their work.

T 24

Level: Basic

Audience: C, Co

Supervising Young Adult Certified Peer Specialists

Clarice Bailey, PhD, Chief Learning Officer, Mental Health Partnerships, Philadelphia, PA

CPS YYA Peer Supporter, to be determined

Chad Owens, Youth Support Peer Specialist, UPMC, Monroeville, PA

Using the participatory leadership strategy of World Café, individuals who supervise youth and young adult peer supporters and peer support programs will contribute to the design of the State's first curriculum for Youth and Young Adult Certified Peer Specialist Supervisors.

T 25

Level: Intermediate

Audience: F, C, Co

Blair County BHRS Transformation Initiative

David Dan, MSW, LCSW, Senior Director, Children's Services, Community Care Behavioral Health, Pittsburgh, PA

Amy Marten-Shanafelt, MEd, Executive Director, Blair Health Choices, Holidaysburg, PA

Teri Stanley, LPC, BCBA, Clinical Manager, Community Care Behavioral Health, Holidaysburg, PA

Providers and family member to be confirmed

This workshop will provide a brief history of the provider consortium. It will include a discussion of the clinical framework, based on core competencies and integrates behavioral, trauma-informed, strength-based, and systemic paradigms. It will explore how best to move forward with ongoing attempts to optimize BHRS as a critical component of our continuum of services.

Presenters will include providers, health choices leadership, community care representatives, and a parent advocate.

T 26

Level: Basic

Audience: C, XS

Engaging Disenfranchised Single Fathers

Jeff Steiner, MEd, Executive Director, Dads' Resource Center, State College, PA

Workshop participants will gain a better understanding of how single fathers experience human services systems. Participants will be able to more effectively engage with single fathers, help them to better understand what is coming and develop plans of action to successfully navigate the system.

T 27

Level: Basic

Audience: Co, F, XS

Out of the Shadow into the Light: From Service Receiver to Advocate and Parent Leader

Alda Walker, Training and Events Coordinator, Allegheny Family Network, Pittsburgh, PA

Tammy Harper, Supervisor, Allegheny Family Network, Pittsburgh, PA

Powerful parents ensure the best outcome for their children This highly interactive workshop explores how we meet parents where they are and help them see where they can be. Creating an environment where people select and participate in elements that will enhance their growth enables the leader within to emerge and results in powerful, dynamic parents. We will identify a variety of methods for growth and enhancement that have been successful in guiding parents through a leadership development process.

12:30-2:30 p.m.

Luncheon and Keynote Addresses

The Kennedy Forum: Pathways to Improving the Delivery of Mental Health Services in Education

Amy Kennedy, Education Director, Kennedy Forum, NJ

Innovations in School-Based Mental Health in Pennsylvania

Judith Dogin, MD, Child and Adolescent Psychiatrist; former Chief Medical Officer and Deputy Chief Executive Officer, Community Care Behavioral Health Organization

The five pillars of the Kennedy Forum include school-community partnerships; developing a framework for prevention and intervention; early identification through universal screening; providing education to educators about addressing mental health issues; and sustainability. These pillars will be discussed, drawing on the experiences of Ms. Kennedy. Dr. Dogin, who has worked for many years in Pennsylvania developing school-based mental health programs, will contribute to the discussion as well as moderate the session. She will seek comment from youth and family members in the audience to make this a truly interactive keynote.

2:30-2:45 p.m.

Break

2:45-4:15 p.m.

Workshops (90 minutes)

T 28

Level: Basic

Audience: C, F, XS

Parental Alienation: Its Devastating Impact on Children and Actions We Can Take

Elena Bondareva, BS, MA, Director, Simply Parent, Milford, PA
Michelle Darné, Founder, CEO, Simply Parent, Milford, PA

Parental Alienation (PA) is a misunderstood and underreported form of domestic abuse that inflicts suffering on children used as pawns of adult retaliation. PA is today where bullying and sexual assault were not too long ago: most do not know about it, or see too much gray area. This workshop will impart both actionable insight and practical skills on the accidental "first responders" to spot PA and seamlessly intervene where it is warranted and possibly life-saving.

T 29

Level: Basic

Audience: All

From Illness to Wellness: Changing "I" to "We"

Chou Gabikiny, MA, Mental Health and Disability Consultant, Grace & Hope Consulting, LLC, Harrisburg, PA

Healing happens in community. However, stigma and systems often isolate those receiving services, which increase the challenges being addressed. In this interactive workshop, we will review the power of community and learn how to create support systems to help youth and families achieve wellness that is both person-centered and sustainable.

T 30

Level: Basic

Audience: Y, C, Co

Engaging and Empowering Teens through Peer Support Services

Presenters:

Tara Arnold, CPS, Coordinator for Teen Programs, The Main Link, Towanda, PA

Dustin Crispell, CPS, Teen Drop-in Host, The Main Link, Towanda, PA

This peer support team will present three components of our teen services; Drop-in, Peer Support and Self-esteem/Empowerment Groups. Drop-in provides a safe, non-judgmental environment for teens to socialize while taking a lead role in the daily activities at the center. We identify engagement strategies for teen peer support services. We discuss a Self-Esteem/Empowerment group that focuses on self-expression while providing a respite from the clinical nature of an inpatient setting. There will be participatory activities designed to build self-esteem and promote empowerment.

T 31

Level: Basic

Audience: C, XS, C

Facility Dogs: Nurturing Positive Change

Kathy Van Horn, MEd, Licensed Psychologist and Executive Vice President, Lakeside, North Wales, PA

Joy Thompson

Brian Dagger

Animals in a school or clinical settings can bring about positive change by providing healing interventions for all levels of the brain. This workshop will demonstrate the impact of five facility dogs working at Lakeside. Stories and testimonies will be shared that will outline the changes seen in school atmosphere, individual students, student to staff relationships, peer relationships and the classroom and counseling environment. Tips will be given for how to set up a program.

T 32

Level: Intermediate
Audience: Y, F, C, Co

Update on Suicide in Youth from Incidence to Evidence-Based Prevention with Patient and Family Centered Care

Sherrie Sharp, MD, Vice President, Medical Director, Value Behavioral Health, Cranberry Township, PA

This presentation will provide an overview of the current trends related to suicide rate among youth, factors influencing those trends, evidence based treatments available, and availability of those treatments in SWPA network, and patient and family-centered approaches to treatment.

T 33

Level: Basic
Audience: C, XS

The Lion's Side: The Use of Storytelling for Emotional Transformation

David Fakunle, PhD, Co-Founder and Facilitator, DiscoverME/RecoverME, Laurel, MD
Deborah Pierce-Fakunle, Co-Founder and Facilitator (DiscoverME/RecoverME, Baltimore, MD)

DiscoverME/RecoverME is an organization that uses storytelling and acknowledgment of positive intrinsic qualities to encourage an emotional foundation for recovery from trauma and its manifestations. This workshop facilitates understanding of the importance of storytelling in culture, the function of the griot in the context of trauma, analyzing the primary components of a story, application of values in effort to create and fortify emotional foundations for recovery and healing, and modalities for expressing one's story.

T 34

Level: Basic
Audience: XS, Co, C, F, EC

Delaware County Early Childhood Mental Health Advisory Board

Shannon Fitzpatrick Thomas, MA, LPC, NCC, Coordinator of Children's Mental Health, County of Delaware, Upper Darby, PA
Jeanne Ewing, Children's Mental Health Specialist, County of Delaware, Upper Darby, PA

This workshop will focus on a Delaware County's Early Childhood Mental Health Advisory Board. The Board is a Multidisciplinary Team which includes parents and service systems. The Board established: a case review process for ages 0-6; monitoring of treatment access for ages 0-6 behavioral health; use of Special Instruction via Early Intervention to use a Behavioral Specialist to conduct observation and assessment to determine most appropriate system; and Collaboration in the development of Evidenced Based Models.

T 35

Level: Basic

Audience: F, C, Co

The Missing Links

George Fleming, BS, CPSP/FIN, Program Supervisor, Allegheny Family Network, Pittsburgh, PA

Fathers play a critical role in the development of their children, which is supported by research. Far too frequently, however, fathers are a missing piece in a child's life. In order for Child Welfare and other professionals to seek a greater involvement of fathers in their child's life they must know the resources available to support the father and then be able to facilitate the father's engagement in their children's lives.

T 36

Level: Basic

Audience: SX, Co, C, F

PA Permanency Families and SWAN Post-Permanency Services: A Winning Team

Lea Moyer, MS, SWAN Post-Permanency Technical Assistant, Diakon/Family Design Resources, Harrisburg, PA
Denise Sheffield, SWAN Post-Permanency Technical Assistant, Diakon/Family Design Resources, Harrisburg, PA

As families navigate the lifelong path of permanency, it's nice to know that there is someone to champion you and the unique needs of your children. This workshop will help families understand the importance of SWAN Post-Permanency services in maintaining permanency for their child(ren). Families will learn to access services and what to expect once an affiliate has been selected. Families will also learn what services might be provided after the assessment process has been completed.

T 39

Level: Basic

Audience: F, EC

Preventing and Reducing Expulsion and Suspension in Early Childhood Settings

Emily Neff, Public Policy Associate, Pittsburgh Association for the Education of Young Children, Public Policy Team, Pittsburgh, PA
Pam Zimmerman, Early Childhood Career Advisor, Pittsburgh Association for the Education of Young Children, Public Policy Team, Pittsburgh, PA

PAEYC will provide the background and current context for suspensions and expulsions in early childhood settings by defining the problem, identifying possible causes, and discussing solutions. We will facilitate a conversation to define the terms of exclusionary discipline and the experiences of participants. The workshop will focus on preventative and responsive strategies that create an environment that supports educators, families, and children in ways that are intentional, developmentally appropriate, culturally competent, gender responsive, and trauma informed.

T 40

Level: Basic

Audience: F, C

Pennsylvania's Student Assistance Program (SAP)

Renee L Urick, LSA, Region VIII Coordinator, PA Network for Student Assistance Services, Brownsville, PA
Roberta Chuzie, Assistant Statewide MH SAP Coordinator, PA Network for Student Assistance Program, Butler, PA

PA Network for Student Assistance Services (PNSAS) is an interagency collaborative promoting SAP through joint leadership from the Departments of Human Services, Education, and Drug and Alcohol Programs. SAP is a systematic team process mobilizing school resources to identify risk and protective factors, refer, and support school-aged youth and remove barriers to learning. This workshop will highlight the PNSAS state and local services including: data collection, funding, and resources to schools, community agencies, youth, and families.

T 41

Level: Basic

Audience: C, XS, F

Healing Narratives: Preserving Every Youth's Story

Nico Lee Biddle, LSW, Outpatient Therapist, Three Rivers Adoption Council, Pittsburgh, PA

This presentation will focus on preserving an adoptive or foster youth's story using a multitude of services, including SWAN and clinical therapeutic interventions. Highlighted areas include theories of attachment and trauma, the importance of communication among providers and families, and how to better engage youth, biological, foster, and adoptive family members in the story telling process. This approach can reduce disruption rates and re-traumatization long term by helping youth begin to process and heal from their stories

T 42

Level: Basic

Audience: F, C, XS, Co

Youth RnR (Recruitment and Retention) Strategies

Corey Ludden, Technical Assistance and Engagement Coordinator, Youth M.O.V.E. PA (Motivating Others through Voices of Experience), Harrisburg, PA
Zack Karenchak, Policy and Program Development Coordinator, Youth M.O.V.E. PA (Motivating Others through Voices of Experience), Harrisburg, PA

This presentation will look at how to recruit, engage and retain youth and young adults in your meetings, events, or other types of group engagement or involvement.

T 43

Level: Basic

Audience: All

Partnering for Success: Building Relationships for Residential Treatment Enhancement

Angela Ennis, LPC, PMP, Project Manager, Magellan Behavioral Health of Pennsylvania, Newtown, PA
Alyssa Snyder, MBA, Children's Director and System of Care Coordinator, Mental Health/Developmental Disabilities/Early Intervention Montgomery County Department of Health and Human Services, Norristown, PA

The Children's Regional Residential Treatment Enhancement Project was initiated to develop partnerships with RTF agencies that would help to improve the residential treatment experience for youth. Stakeholder input from youth, family, agency staff and systems partners in combination with utilization and qualitative data, allowed for a comprehensive review of strengths and areas of opportunity around youth and family engagement

that would help to guide this vision and support future work with residential treatment providers.

T 44

Level: Basic

Audience: Y, F, C, Co

Fayette County Child-Serving Systems Transformation = Family and Systems Working Together

Timothy Truckenmiller, MS, Coach and Supervisor, Adelphoi Village, Uniontown, PA

Roxanne Johnson, Family Advocate, Adelphoi Village, Uniontown, PA

This presentation will present a timeline of key developments in the transformation of Fayette County's child-serving system to a more youth-guided and family-driven system of care. We will show how each addition of youth-guided and family-driven processes have impacted the entire system of care. We will have video and/or live presenters sharing their stories/experiences. We will give the audience insight into how these changes have improved services and relationships for youth and families in Fayette County.

T 45

Level:

Audience: C, XS, Co, F, EC

Efficacy of Parent Child Interaction Therapy with Preschoolers Who Have an Autism Spectrum Disorder

Ashley Scudder PhD

Benjamin L Handen, PhD.

Parent-Child Interaction Therapy (PCIT) is a research-supported parent coaching intervention that has been found to be highly effective among typically developing preschoolers presenting with a range of concerns. PCIT holds considerable promise as it directly addresses the behaviors parents of children with ASD report to be most problematic – defiance, stubbornness, and temper tantrums. PCIT is consistent with other (behavioral) approaches used in the treatment ASD; however, PCIT is unique in that it incorporates a socially-based phase which may have some added benefits for these children.

T 46

Level: Basic

Audience: XS

Behavioral Health Home Plus: Guiding Adolescents Toward Health and Wellness

Melissa Michael, RN, Manager, Physical Health/Behavioral Health Team, Community Care Behavioral Health, Moosic, PA

Joel Brecht, CRC, LPC, Mobile Care Manager, Community Care Behavioral Health, Williamsport, PA

This presentation highlights the key elements and outcomes of Adolescent Behavioral Health Home Plus (A-BHHP), a comprehensive model implemented in community and school based behavioral health programs across Pennsylvania. A-BHHP is aimed at enhancing the capacity of youths affected with severe emotional disorders in becoming better-informed and more effective managers of their overall health. Tools that promote wellness and support development of a person-centered wellness plan will be demonstrated.

T 47

Level: Basic

Audience: C, CO

Providers, Payers, and HealthChoices Collaboration on Outcomes and Decision-Support in BHRS

Dan Warner, PhD., Executive Director, Community Data Roundtable, Mars, PA.

Scott Suhring, Executive Director, Capital Area Behavioral Health Collaborative, Harrisburg, PA

Jim Laughman, MSW, LSW, Executive Director, PerformCare, Harrisburg, PA

Dale Brickley, PhD, MBA, Senior Director Innovation and New Service Development, Philhaven/Wellspan, Annville, PA

Since 2013, non-profit organization Community Data Roundtable has been collaborating with providers, advocates, counties and managed care entities to implement a decision-support and outcomes system in Pennsylvania's child mental health system. This presentation will include representations from participating providers, managed care and HealthChoices to discuss implementation, and outcomes of the project, particularly in service matching, and appropriate EBO prescribing. The impact on both ASD and nonASD populations will be reviewed.

4:45-5:45 p.m.

Coffee and Conversation with Gary Blau

Gary Blau, PhD, Chief, Child, Adolescent and Family Branch of the Substance Abuse and Mental Health Services Administration

An opportunity for youth and families to discuss the growing trends in youth and family leadership and for youth and families to have a conversation with Dr. Blau about SAMHSA activities.

6:00-7:00 p.m.

Youth Activity and Food

7:00 p.m.

Family Networking and Activity

WEDNESDAY, MAY 2, 2018

7:30-8:35 a.m.

Breakfast

8:30-9:30 a.m.

General Session

Better Together: Partnering to Expand and Sustain Systems of Care

Gary Blau, PhD, Chief, Child, Adolescent and Family Branch, Substance Abuse and Mental Health Services Administration, Rockville, MD

Pennsylvania has received a variety of federal SAMHSA grants over the years. The grants have given us an opportunity to explore new ideas and ways of working better together. Dr. Blau will share the SAMHSA perspective on the opportunities at the federal level and how they are supporting the work at the family youth and state level.

Presentation of Conference Awards

9:45-11:15 a.m.

Workshops (90 minutes)

W 1

Level: Basic

Audience: Y, F, C, Co

Stacking for Success: Building Authentic Partnerships with Youth and Young Adults

Alexis Gingell, MA, Healthy Transitions Youth Coordinator, UPMC/OMHSAS, Harrisburg, PA

Chad Owen, Youth Support Partner Specialist, UPMC, Monroeville, PA

Will McKenna, Data Base Manager, UPMC, Monroeville, PA
HT Network Youth, to be determined

The Pennsylvania Healthy Transitions Partnership is on a journey to capture authentic youth voice across the Commonwealth of PA by creating a Youth and Young Adult Network. Join us and hear from the Healthy Transitions statewide staff, County Learning Laboratories and youth and young adults themselves on successes thus far, challenge areas, lessons learned, and how being a part of this Network is bridging a gap to wellness!

W 2

Level: Basic

Audience: Y

An In-Depth Look into the First Stage(s) of Youth Advocate to Advocate for Youth

Corey Ludden, Technical Assistance and Engagement Coordinator, Youth M.O.V.E. PA (Motivating Others through Voices of Experience), Harrisburg, PA

Zack Karenchak/Policy and Program Development Coordinator, Youth M.O.V.E. PA (Motivating Others through Voices of Experience), Harrisburg, PA

This interactive session will discuss the first two stages of becoming a Youth Advocate, and help participants understand their experiences and how to

use them to advocate, as well as understanding what to say and how to take care of themselves.

W 3

Level: Basic

Audience: Y, F, C

Wellness and Warmth: Reaching Individuals Across the Lifespan

Marie Krechowski, Peer Supervisor, Mental Health Association in Beaver County, Rochester, PA

Lori Vish Stearns, Executive Director, Keystone Wellness Programs, Evans City, PA

Participants will be walked through the SAMHSA wellness initiative website with particular attention to useful worksheets and printable materials. The wellness project was implemented with transition-aged youth with their natural supports, but the approach is fully appropriate for individuals of all ages. The warm hand off in Beaver County has been established by collaboration within all provider agencies. This includes outreach to local inpatient units and LTSR's to provide people with information, referral and peer support.

W 4

Level: Intermediate

Audience: XS

Repairing the Breach: the Impact of Family Therapy in Residential Treatment

Adrienne Dixon, Associate Vice President, Residential Services, Erie, PA

Tyler Jarmuzek

There are many methods for engaging families in residential treatment however, but there is a significant gap as to how to demonstrate efficacy in working with youth and their families in this setting. This workshop will present a case study on the use of interpersonal family therapy with a youth and his family that focused on the resolution of family conflicts rooted in systemic trauma.

W 5

Level: Basic

Audience: All

Why Should I Learn About FASD?

Gordon R. Hodas, MD, Statewide Child Psychiatric Consultant, Office of Mental Health and Substance Abuse Services, Philadelphia, PA

Dianna Brocious, Family Involvement Specialist, PA System of Care, Templeton, PA

Lyn Becker, MBA, RMA, Department of Drug and Alcohol Programs

This workshop helps mental health and human service professionals better understand Fetal Alcohol Spectrum Disorders (FASD) in children and adolescents (youth). FASD is nearly four times more prevalent than Autism. Among high risk youth (child welfare, juvenile justice, special education), the prevalence may exceed 40%. Faculty involves two family members and a child and adolescent psychiatrist, all on the Statewide FASD Task Force. We consider FASD presentation, impact, identification, and management. Developmental competence and system of care principles are essential.

W 6

Level: Intermediate
Audience: C, XS

Psychosis in Young People: Early Detection and Intervention

Peter Bachman, PhD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA
Diana Mermon, MS, Outreach Coordinator, University of Pittsburgh School of Medicine, Pittsburgh, PA

This workshop aims to develop skills for recognition and assessment of early signs of psychosis in children, adolescents, and transition-age youth. We will also discuss the content, evidence-base, and implementation of interventions designed to reduce psychosis risk and prevent development of illnesses like schizophrenia and bipolar disorder. The HOPE TEAM Project will provide an example of a research-inspired program facing the challenges and opportunities of integrating evidence-based practice and system-of-care principles to impact public health.

W 7

Level: Basic
Audience: XS, Co, EC

Creating an Interconnected Systems Framework Starts in Early Childhood

Susan Zeiders, MEd, BCBA, Consultant and Project Manager, Early Intervention Technical Assistance, Harrisburg, PA
Kelly Perales, MSW, Director of Training and Technical Assistance, PBIS/Mental Health Integration, Midwest PBIS Network, Hummelstown, PA

This session will focus on the critical elements of cross-system leadership teams, stakeholder buy-in and participation, and lessons learned from sites implementing the ISF. Examples will be shared of partnerships between family and community partners, with a particular focus on early childhood.

W 8

Level: Basic
Audience: C, XS, Co, EC

Nurse Family Partnership and Moving Beyond Depression: An In-Home Collaborative Approach

Jennifer Walker, LSW, Therapist, Penn Medicine Lancaster General, Lancaster, PA
Janine Castle, PhD, Psychologist, Penn Medicine Lancaster General, Lancaster, PA
Mary L. Steffy, BS, RN, Supervisor, Nurse Family Partnership Penn Medicine Lancaster General, Lancaster, PA

Nurse Family Partnership is a program for at-risk, first time mothers that improves maternal and child health outcomes and self efficacy. Moving Beyond Depression is an In-Home Cognitive Behavioral Therapy (I-H CBT) evidence-based treatment program for mothers with depression. The two programs work collaboratively to identify, assess and treat new mothers with depression. This collaborative approach improves the success of both programs while simultaneously improving the mother's well-being and her parenting skills.

W 9

Level: Basic
Audience: C, XS, Co, EC

Stable Housing is Essential for Child Development and Healthy Families: An Infant Mental Health Perspective

Tracy Duarte, Director, PA Head Start State Collaboration Office, PA

Key, Harrisburg, PA
Andres Sheesley, Regional Homeless Coordinator, ARIN IU 28,
Indiana, PA

In the U.S. one has a greater likelihood of being in a public shelter as an infant than at any other age. Recent advances in child development – e.g., ACES, brain imaging and the impact of toxic stress, etc. – have highlighted the critical importance of stability in the early years. Housing insecurity stresses parents, causing depression and inhibiting the ability to be fully available to the child which can block the child's experience and internalization of the concepts of security and "home." We will discuss what strategies and resources might be employed to optimize secure attachments.

W 10

Level: Basic
Audience: Y, F, C

Best Practices in Bullying Prevention

Mary Dolan MA, Bullying Prevention Consultant, Office for Safe Schools, PA Department of Education, Harrisburg, PA

Best practice indicates the ongoing need for comprehensive bullying prevention, which includes a three-tiered approach with representation by all partners. Even in the best school climates, youth report being bullied or witnessing this anti-social behavior. This workshop will provide a roadmap on best practices and guidance on how to partner with their local school or community. The PA Bullying Prevention Consultation Line will be highlighted as a supportive resource for unresolved bullying situations.

W 11

Level: Intermediate
Audience: XS

Educational Stability for Foster Care Youth

Matthew Butensky, Center for Schools and Communities, Camp Hill, PA

Alicia Tyler, Human Services Program Specialist, Department of Human Services, Harrisburg, PA

Youth in foster care placement are much more likely than their peers to struggle academically. This workshop will give an overview of legislation which provides protections for foster care youth enrolled in schools and the required role of both education and child welfare professionals. Challenges children in foster care face and how cross system collaboration between education and child welfare partners can cultivate positive school outcomes for youth in foster care will also be reviewed.

W 12

Level: Basic
Audience: C, Co

Implementing Transition Age Youth Certified Peer Support: A Regional Approach

Tara Karbiner, LCSW, Children's Clinical System Transformation Manager, Magellan Behavioral Health, Newtown, PA
TAY CPS agency staff, to be determined
TAY CPS agency staff, to be determined

This presentation will highlight the regional efforts to implement a Transition Age Youth Certified Peer Support Program that promotes youth resiliency and recovery, supports a young workforce with thoughtful

training and supervision practices, as well as creating a community of practice that promotes best practices.

W 13

Level: Intermediate
Audience: C, XS, Co

PA Children's TiPS (Telephonic Psychiatric Consultation Service)

Abigail Schlesinger, MD, Medical Director, TiPS; Clinical Director, Behavioral Science Division of Children's Hospital of Pittsburgh of UPMC; Medical Director, Ambulatory Integrated Behavioral Healthcare at WPIC; Associate Professor, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Wexford, PA
James G. Waxmosky, MD, Associate Professor of Psychiatry; Division Chief, Child and Adolescent Psychiatry, Penn State College of Medicine, Hershey, PA
Taliba M. Foster, MD, Medical Director, TiPS Program, Children's Hospital of Philadelphia, Philadelphia, PA

Children's TiPS is a unique system of care partnership, providing psychiatric consultation to physicians, physician assistants, nurse practitioners, and other prescribers of psychotropic medications. With help from children's TiPS teams, primary care clinicians can effectively meet the needs of children and adolescents with many mental health conditions. TiPS care coordinators assist providers and families with locating evidenced-based interventions in their own communities and utilize family driven and youth guided practices to improve treatment outcomes for children and adolescents.

W 14

Level: Basic
Audience: F, C, XS, Co

Becoming Trauma-Informed

Stephen Paesani, Children and Adolescent Training Specialist, The Behavioral Health Training & Education Network (BHTEN), Philadelphia, PA

This basic, introductory workshop is designed to offer an overview of the central conceptual and practical changes that attend trauma-informed modifications in services. This includes, among others, a basic overview and definition of trauma; the use of universal precautions against retraumatization; and trauma's impact on brain development. Information is presented and participants are engaged in small group discussions and exercises that may be adopted to assist agencies in trauma-informed systems change.

W 15

Level: Intermediate
Audience: All

Pulling the Pieces Together: Caring for Families with Special Needs and Trauma

Amy Kelly, MBA, MNM, Director of Family and Community Services, Devereux Advanced Behavioral Health, Strafford, PA
Vernick Smith, MS, Mental Healthcare Consultant, Devereux Advanced Behavioral Health, Strafford, PA

In this interactive presentation, the "inside view" of families living with special needs (developmental disabilities) as well as those who have

experienced trauma will be examined. The co-presenters discuss diagnoses and unique evidence-based treatment modalities. There is a focus on resiliency and empowerment for individuals, families, and treating clinicians. Shame and stigma will be addressed, as well as challenges and solutions in navigating the systems of care. This presentation will offer practical "tips and tricks" that can be used immediately.

W 16

Level: Basic
Audience: XS

Charting Life Course: Envisioning an Everyday Life for All

Nancy Richey, Supporting Families Initiative Coordinator, Office of Developmental Programs, Harrisburg, PA
Lisa Tesler, Director, PA Family Network

The LifeCourse Framework has a core belief: All people have the right to live, love, work, play and pursue their dreams and aspirations in the community. This pursuit involves a strong vision, and creating opportunities for experiences. As family members, caregivers and supporters in helping people reach their dreams, each one of us has the ability to be the messengers of hope and high expectations every day. The LifeCourse tools are easy-to-use, helpful in reframing conversations, and powerful in changing lives.

W 17

Level: Basic
Audience: F, C, XS, Co

An Overview of Parent-Child Interaction Therapy

Amy D. Herschell, PhD, Associate Professor, West Virginia University, Morgantown, WV
Kristen F. Schaffner, PhD, Project Coordinator/Psychologist, West Virginia University, Morgantown, WV

This workshop will describe Parent-Child Interaction Therapy (PCIT), an intervention that has documented effectiveness for supporting parents with young children (2.5 to 7 years) who experience behavioral concerns. PCIT is a short-term approach that involves direct coaching of parent-child interactions. Parents receive immediate feedback in praising appropriate behavior, interacting at the child's developmental level and teaching children to accept consequences.

11:30 a.m.-12:45 p.m.

Lunch

OMHSAS Lunch with CASSP and Systems of Care Coordinators

1:00-4:15 p.m.

Institutes (three hours)

W 18

Level: Intermediate
Audience: C, XS, Co

Youth Suicide Risk Assessment and Brief Interventions

Matthew Wintersteen, PhD, Associate Professor, Department of Psychiatry and Human Behavior, Thomas Jefferson University, Philadelphia, PA

Youth suicide is a complex public health challenge that often presents to behavioral health providers. This institute will focus on current epidemiology on youth suicide, as well as direct clinical applications of a research-informed, best practice approach to risk assessment. Finally,

attendees will learn skills associated with brief interventions to address suicide risk in youth, including an empirically-supported approach to safety planning.

W 19

Level: Basic

Audience: C, XS, Co

Learning How to Engage People Using Motivational Interviewing

Billie Jo Smith, MS, LPC, Program Coordinator, Western Psychiatric Institute and Clinic, Addiction Medicine Services, Pittsburgh, PA

This presentation will provide an overview of the theory, principles, and main concepts of Motivational Interviewing (MI) for healthy behavior change. The trainer will guide the participants in understanding and learning MI techniques and style.

W 20

Level: Basic

Audience: C

An Overview of Trauma-Informed Care

Bernice Andrews, Trainer, Lakeside Global Institute, North Wales, PA

Susannah Spanton Horsey, Trainer, Lakeside Global Institute, North Wales, PA

Andrés Celin, Trainer, Lakeside Global Institute, North Wales, PA

Research shows that 67 percent of the population has experienced at least one Adverse Childhood Experience. These adversities are predictive of a multitude of toxic physical, mental and social outcomes throughout a person's lifetime. This session will provide introductory information as well as specific skills in a hand-on interactive workshops for professionals.

W 21

Level: Basic

Audience: Y, F, C, XS, EC

The Right Question to Ask Children: What Happened to You?

Anne Katona Linn, Co-Director, Safe Schools Healthy Students, Paxinos, PA

Brandy Fox, LCSW, PA Project LAUNCH and Early Childhood Mental Health Consultation Project, PA Keys to Quality, Harrisburg, PA

Christopher Minnich, MEd, System of Care Project Leader, Behavioral Health Association of Rural Pennsylvania

In early childhood, children suffering from PTSD-like symptoms are often misinterpreted as "acting out." As a result, large numbers of children are suspended or expelled from preschool. A trauma-informed care model asks not, "What's wrong with you?" but rather, "What happened to you?" We will view the Wounded Places documentary, have small group discussions, and a cross-systems panel. A shift to a trauma-informed lens can be transformative, not only for children, but also for their families, neighborhoods, and for professionals.

W 22

Level: Advanced

Audience: All

Personalizing Care for Adolescents with an Autism Spectrum Disorder

Amanda Pearl, PhD, Assistant Professor of Psychiatry, Penn State Hershey, Hershey, PA

Michael Murray, MD, Associate Professor of Psychiatry (Penn State

Hershey, Hershey, PA

Outcome data for adults with Autism Spectrum Disorder (ASD) are poor, showing underemployment, reduced social engagement, high frequencies of comorbid mental health issues and lower quality of life. Identifying and addressing the skill gaps during the high school years is critical to best utilizing services available to prepare teens for the transition to adulthood. Outcomes from novel social skills and collaborative care/responsive engagement interventions for adolescents with ASD will be presented.

W 23

Level: Basic
Audience: All

Youth Homelessness and Human Trafficking

Caren Rosser-Morris, PhD, Consulting Child Psychologist, Office of Mental Health and Substance Abuse Services, Bureau of Children's Behavioral Health Services, Harrisburg, PA
Gail Yoder, Welfare Program Executive 1, Office of Children Youth and Families, Bureau of Policy Programs and Operations, Harrisburg, PA
Connie Miller, Family Member of Trafficking Survivor

Parents and professionals in healthcare, law enforcement, education, etc. must be able to identify youth at risk for being commercially and sexually exploited ("trafficked"). Participants will learn what factors increase and decrease risk, and how to use identification tools, community based supports and mental health treatment programs to help youth escape their traffickers and recover from trauma. Prevention, reduction and elimination of Trafficking can also be achieved through effective use of legislation, advocacy, and cross-system partnerships.

W 24

Level: Basic
Audience: F, C, XS, Co

LGBTQI, Mental Health and Creating a Safe Zone

Joel E Brecht, Mobile Care Manager, Community Care Behavioral Health, Sunbury, PA
Families of Child and Youth Member Advisory Board
Member of Advisory Board

A lack of social acceptance by family, society, and personal relationships can affect the mental health and personal safety of LGBTQI individuals. Research shows that many LGBTQI individuals have high rates of depression, anxiety, substance abuse and suicide. Terms associated with individuals of differing sexual/gender identities will be reviewed. Discussion of social stigma, discrimination and family rejection will prepare providers, clinicians, family members to provide a supportive environment for LGBTQI youth and families.

W 25

Level: Basic
Audience: C, XS,F

Recognizing Vicarious and Secondary Trauma for Caregivers

Cathleen Stith Watkins, Trainer, Lakeside Global Institute, North Wales, PA
Pearl Calica, Trainer, Lakeside Global Institute, North Wales, PA
Marc Calica, Trainer, lakeside Global Institute, North Wales, PA

The emotional and physical cost of being an engaged and empathetic caregiver can be an occupational hazard. Considering potential impact of vicarious and secondary trauma, compassion fatigue and burn-out, caregivers are provided with critical steps in identifying signs and symptoms of each. Additionally, practical skills and a commitment to self-care are an integral part of this interactive workshop.

1:00-2:30 p.m.

Workshops (90 minutes)

W 26

Level: Basic
Audience: All

How the Exception Becomes the Rule

Alex C. Knapp, Chapter Leader, Foster Care Alumni of America – Pennsylvania Chapter, Pittsburgh, PA

Constance Krebs Iannetta, Co-Founder, Foster Care Alumni of America – Pennsylvania Chapter; National Board Member, Foster Care Alumni of America

Nico'Lee Biddle, MSW, LSW, Chapter Member, Foster Care Alumni of America – Pennsylvania Chapter

Colin McShane, Chapter Member, Foster Care Alumni of America – Pennsylvania Chapter

Most youth, and even adults don't typically wake up one morning and decide, "You know what? I think I'm going to be an advocate." Typically there is a moment, a catalyst in one's life, especially for youth, that propel them into action. This panel will feature child welfare alumni who will share their catalytic moment in becoming advocates, and will provide tools for parents and professionals looking to encourage young people to use their stories for change.

W 27

Level: Basic
Audience: Y, F

PRISM: Acceptance and Guidance

Jaclyn Palmer, Executive Director/Founder, PRISM, Ambridge, PA
Jessica Young, Board Treasurer, PRISM, Beaver Falls, PA

PRISM stands for Pride, Respect, Inspiration, Safety, Mentoring. LGBTQ youth need a safe place to discuss concerns, dreams, ideas, and goals. PRISM allows youth to do this in a supportive environment. PRISM founder and staff will discuss the importance of feeling safe and accepted in the community and how to be more empowered to discuss relevant topics and transition level concerns in the home and other personal environments.

W 28

Level: Intermediate
Audience: Y, F, C, Co, EC

Strengthening Families in the Context of Early Childhood Mental Health and Protective Factors

Melanie Comans, Youth Support Partner, Allegheny County Department of Human Services, Pittsburgh, PA

Kimberly Cauley Eckel, Young Child Wellness Council, Allegheny County Department of Human Services, Pittsburgh, PA

This workshop will explore the work of PA Project LAUNCH to strengthen families from the perspective of a young parent who is key workgroup member, as well as the local coordinator of this grant. The presentation will

unpack the importance of understanding key tenets of infant and early childhood mental health. It will also examine the approach taken in Allegheny County to infuse prevention work with a lens of protective factors.

W 29

Level: Intermediate
Audience: XS, EC

Developmental and Social-Emotional Screening in Pennsylvania's Child Welfare System

Rachel R. Winters, MA, Senior Evaluation Coordinator, University of Pittsburgh, School of Social Work, Child Welfare Education and Research and Programs, Pittsburgh, PA
Helen Cahalane, PhD, Principal Investigator, Child Welfare Education and Research Programs, University of Pittsburgh, School of Social Work, Child Welfare Education and Research and Programs, Pittsburgh, PA

With the implicit trauma associated with involvement in the child welfare system, it is imperative that children with open child welfare cases receive necessary services to mitigate any developmental or social-emotional concerns. To accomplish this goal, Pennsylvania instituted a series of screenings for children under the age of 5 involved in child welfare. Children who screen with concerns on these screenings are referred to Early Intervention or other service providers for a more in-depth evaluation.

W 30

Level: Basic
Audience: Y, F, C, Co

Overcoming Barriers to Natural and Community Supports

Mark Durgin, Project Director, PA System of Care Partnership, Harrisburg, PA
Corey Ludden, Technical Assistance and Engagement Coordinator, Youth M.O.V.E. PA/PMHCA, Harrisburg, PA
Crystal Karenchak, Family Involvement Specialist, PA System of Care Partnership, Harrisburg, PA

This session will explore the known barriers for youth and family to find, engage and retain natural and community supports. The presentation meets the cultural and linguistic needs of youth and family while building relationships that will be sustained long after educational and professional services have stopped working with youth and family. The session will also detail the benefits to the system partners and how natural and community supports and supplement paid services.

W 31

Level: Intermediate
Audience: XS

Cracks in the Vessels: The Use of Art in a Clinical Group Model

Adrienne Dixon, Associate Vice President, Residential Services, Sarah Reed Children's Center, Erie, PA
Tyler Jarmuzek
Eric Schwartz, Art Therapist, Sarah Reed Children's Center, Erie, PA

Art therapy is an integrated component to the residential milieu at the Sarah Reed Children's Center. The use of experiential techniques is integrated into the process of healing and recovery. This presentation is designed to demonstrate the use of art as fostering experiential alternatives to emotional

expression with children and adolescents especially with clients who have experienced trauma and who struggle with interpersonal dysfunction and affect dysregulation.

W 32

Level: Basic

Audience: C, Co

Creating Supports for Transition Age Youth to Achieve Optimal Outcomes Through a Provider, County, and Managed Care Partnership

Tara Karbiner, LCSW, Children's Clinical System Transformation Manager, Magellan Behavioral Health of Pennsylvania, Newtown, PA

Additional presenters to be determined

Magellan Health Services, Bucks, Montgomery, Delaware, Lehigh and Northampton Counties, and three provider agencies partnered to improve the services and supports provided to Transition Age Youth with behavioral health challenges to improve their health and wellness outcomes through the implementation and adaptation of the evidence supported model Transition to Independence Process (TIP),™ developed by Dr. Hewitt “Rusty” Clark. Learn about the regional partnership that promoted program implementation, the fidelity assessment process, site based trainer development, and outcomes collection.

W 33

Level: Basic

Audience: F, C, XS, Co

What Makes the FAB Fabulous? A Family Advisory Model

Presenters:

Wendy Luckenbill, Senior Recovery and Resilience Specialist for Children, Youth, and their Families, Community Care Behavioral Health Managed Care Organization, Exton, PA

Additional family member presenters to be determined, including members of Families of Child and Youth Members Advisory Board (FAB) and the FAB Family Faculty, Community Care Behavioral Health Managed Care Organization, Exton, PA

Family voice is key to positive quality outcomes both for a child or youth's services and for the oversight of their services at the organization level. This presentation will tell the story of one family advisory board, Community Care BMHCO's Families of Child and Youth Advisory Board. Participants are invited to share their experiences in developing and sustaining the family voice, so session serves as a learning community that can continue after the conference.

W34

Level: Basic

Audience: Co, XS, C

Allegheny County Department of Human Services' cross-system Trauma Think Tank

Joseph Martin, MA, Assistant manager, Integrated Engagement Practices and Assessments, Allegheny County Department of Human Services, Pittsburgh, PA

Colleen Davis-Maxwell, MSW, LSW, Systems Integration Specialist, Allegheny County Department of Human Services, Pittsburgh, PA
Towan Hall, Youth Voice Specialist, Youth Support Partner Unit, Allegheny Department of Human Services, Pittsburgh, PA

The impact of trauma is a common thread among programs in a human services system. In this workshop, we will discuss Allegheny County Department of Human Services' effort to examine this thread and promote system integration through the formation of our cross-system Trauma Think Tank. We will discuss engagement of youth and family representatives side by side with program and provider staff, and will provide examples of resources developed to foster a trauma-informed system.

2:30-2:45 p.m.

Break

2:45-4:15 p.m.

Workshops (90 minutes)

W 35

Level: Intermediate
Audience: C, XS, Co

Overview from the Office of Mental Health and Substance Abuse Services (OMHSAS)

Sherry Peters, MSW, ACSW, Director, Bureau of Policy , Planning and Program Development, Office of Mental Health and Substance Abuse Services, Harrisburg, PA
Shannon Fagan, MS, Director, Bureau of Children's Behavioral Health Services, Office of Mental Health and Substance Abuse Services, Harrisburg, PA

This workshop will give an update of recent work at the state level relating to the provision of Behavioral Health Services to Children, Youth, Young Adults and their Families. Information will be given regarding regulations, bulletins, grants and plans for future endeavors.

W 36

Level: Basic
Audience: All

Together We Can! Using Data Through Social Marketing to Be Heard

Monica Walker-Payne, Director of Evaluation, Youth and Family Training Institute and PA System of Care Partnership, Monroeville, PA
Jill Santiago, Social Marketing and Communications Coordinator, PA System of Care Partnership, Harrisburg, PA
Judy Davis, Consultant, BHARP System of Care Project, Behavioral Health Alliance of Rural Pennsylvania, State College, PA
Chris Minnich, BHARP System of Care Project Director, Behavioral Health Alliance of Rural Pennsylvania, State College, PA

Are you a youth, family, systems or provider partner? Would you like to be able to share the importance of System of Care or your planning process through data? This workshop will be a brainstorming interactive session on how using data and evaluation in Social Marketing to increase sustainability, spread key messages, and influence decision making in your community. We will have small group discussions to create a marketing message that you can take use in the future.

W 37

Level: Intermediate

All Behavior is Communication

Michelle Heim, Lead Trainer and Field Support Coordinator for PA,

Audience: Y, F, C, XS

Youth Advocate Programs and Adult Services, Reading, PA

We will use a bookmark with points to discuss as a team when someone presents with challenging behaviors. We will address each of the points and then spend time working through a case study to practice applying the skills.

W 38

Level: Intermediate

Audience: CO, C, XS

Journey to Cultural and Linguistic Competency (CLC): PA System of Care CLC Pilot Program

Kelsey Leonard, CLC Coordinator, PA System of Care Partnership and PA Healthy Transitions Partnership, Pittsburgh, PA

Learn from the Pennsylvania System of Care on their experience developing a Cultural and Linguistic Competency Pilot Project. The session will share steps to incorporating culturally and linguistically competent methods into your System of Care CLC planning process by engaging youth, family, and system partners in the following core areas: (1) Assessment, (2) Planning, and (3) Implementation.

W 39

Level: Basic

Audience: F, C, XS, Co

Social Media Awareness for Individuals Working with Youth

Presenters:

Devin N. Petrusky, MS, Juvenile Probation Officer, (Northumberland County Juvenile Court Services, Sunbury, PA

Social media awareness is vital for youth, parent(s), guardian(s) and individuals working with youth since today's teens are connected to each other and the world by means of digital technology. Social media education is important for youth, parent(s)/guardian(s) of youth, and individuals working with youth. Discussing the topics of social media, cyber bullying, sexing, dating, other online risky behaviors, the legal and non-legal consequences of risky online behavior, and prevention methods and tips, will provide participants with an understanding of the risks associated with social media use.

W 40

Level: Basic

Audience: F, C, XS, Co, EC

OCDEL Family Support Programs...What Are they?

Andrew Dietz, Family Support Program Manager, Office of Child Development and Early Learning, Bureau of Early Intervention Services and Family Supports, Harrisburg, PA

This interactive panel discussion will review Pennsylvania's family support programs (home visitation, family centers, fatherhood, Children trust Funds) and show when families receive these services their children are born healthier and less likely to suffer from abuse or neglect.

W 41

Level: Basic

Audience: Y, F, XS, C

Positive Interactions Between Youth w/ASD and Law Enforcement

Kate Hooven, Justice System Consultant, ASERT Collaborative, Eastern Region, Mechanicsburg, PA

Kaitlyn H. Koffer Miller, Managing Director, ASERT Eastern Region Collaborative, Philadelphia, PA

Paul Turcotte, Data Director, Research Associate, ASERT Eastern Region Collaborative, Philadelphia, PA

In order for there to be positive interactions between youth with ASD and law enforcement, both members of the law enforcement community and youth with autism and their families need to understand how to safely interact with each other. The intent is for youth and families to have a better understanding of what to do and not do if stopped by a police officer. Various resources, such as social stories, can help prepare them for an interaction with law enforcement.

W 42

Level: Intermediate
Audience: Y, F, C, Co

Are You System of Care? I Bet You Are, Know Why?...

Presenters:
Mark Durgin, Project Director, PA System of Care Partnership, Harrisburg, PA
Lisa Kennedy, Family Member, State Leadership and Management Team, York PA
Ariel Mickey, Youth Partner, State Leadership and Management Team

This session will educate on the philosophy on the System of Care model and how it this model works in Pennsylvania. We will review the history of System of Care and how Pennsylvania came to be a System of Care community, from the early foundation of the Child and Adolescent Service System Program (CASSP). Finally, this session will discuss the value and importance of youth and family as equal respected partners in order to facilitate change in their communities.

W 43

Level: Basic
Audience: Y

Self-Empowerment for Youth: Using Your Story for Change

Nicole Campbell, BSPH, Peer Engagement and Education Specialist, National Alliance on Mental Illness Keystone Pennsylvania, Pittsburgh, PA
Alyssa Cypher, MPA, Data and Communication Specialist, National Alliance on Mental Illness Keystone Pennsylvania, Pittsburgh, PA

Storytelling is a powerful tool of connection, and each person's story has the potential to educate and inspire others. This interactive workshop, presented by young adults with lived experience, will provide the space for youth to craft their own story and utilize storytelling as a means for self-advocacy and self-care. In addition, this workshop will teach empathy and coping skills to help the audience overcome internal and external stigma and improve their own mental health.

4:30-6:00 p.m.

Poster Session (including art work, a flute ensemble, and hors d'oeuvres)

Poster presentations are listed below in alphabetical order by title (more may be added)

Aligning School-wide Positive Behavior Support and Mental Health Practices to Aid Student Success.

Nichole Held, School Counselor, Centennial School of Lehigh University, Bethlehem, PA

Katie Herczeg, Transition Coordinator, Centennial School of Lehigh University, Bethlehem

An Intensive Outpatient Program for Undergraduates at Risk for Suicide

Susan Mastruserio, PsyD, Psychologist Associate, Western Psychiatric Institute and Clinic, Pittsburgh, PA

Kim Poling, LCSW, Program Manager, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Autism Support Environment Perceptions and Recommendations

Susan Griffith, DEd, Regional Director of Education, New Story Schools, Indiana, PA

Behavioral Risk Factors of Firearm-exposed Youth in an Urban ED

Tita Atte, MPH, CPH, Director of Mental Health Screening, Drexel University, Philadelphia, PA

Guy Diamond, PhD, Director and Associate Professor, Drexel University, Philadelphia, PA

Better Together: Youth/Family Voice in System and Program Improvement

Kathy Laws, Family Member, Program Manager, Mental Health Partnerships Norristown, PA

Martha Hochschwender, Project Manager, Mental Health Partnerships, Norristown, PA

Challenges with Autism: A Relational Approach for Side-Stepping Treatment-Related Impasses

Steve Simms, PhD., LMFT, Co-Director, Philadelphia Child and Family Therapy Training Center, West Chester, PA

Gabriele Desnouee, MA LPC, Philadelphia County Autism Specialist, Elwyn, Media, PA

Karen Draper, MA, LPC, Philadelphia County Autism Specialist, Elwyn, Media PA

Collaboration in Crisis Stabilization through the Use of Mobile Teams

Todd Hart, Help Team Supervisor, Pressley Ridge, Beaver Falls, PA

Alex Jendrek, Research Associate, HPW Associates, Pittsburgh, PA

Community Data Roundtable's Collaborative Outcomes and Decision-Support Initiative Across Pennsylvania

Daniel N Warner, Executive Director, Community Data Roundtable,

Pittsburgh, PA
Amanda Hope, MPA, Chief Business Officer, Community Data
Roundtable, Mars, PA

**Creating Psychologically Safe Spaces for Early Childhood
Educators**

Shannon B. Wanless, PhD, Associate Professor, University of
Pittsburgh, Pittsburgh, PA
Ashley E. Shafer, MS, Doctoral Researcher, University of Pittsburgh,
Pittsburgh, PA

Delaware County System of Care Family Engagement Workgroup

Shannon Fitzpatrick Thomas, MA, LPC, NCC, Coordinator of
Children's Mental Health, County of Delaware, Upper Darby, PA

**ECMHC Delivery of CSEFEL Pyramid Model Strategies:
Implications of Facility Quality Rating and Teachers' Education
Level**

Michele Walsh, LSW, ABD, Adjunct Professor, Widener University,
Chester, PA
Brandy Fox, LCSW, ECMHC Program Manager, PA Key, Harrisburg,
PA

Evaluating Allegheny Family Network's Court Program

Maria Silva, Chief Program Officer, Allegheny Family Network,
Pittsburgh, PA
Quinci Adams, Research Associate, Youth and Family Training
Institute, Monroeville, PA

**Evaluating Alternative School Breakfast Models in Selected
Allegheny County Schools**

Amanda Cross, PhD, Research and Evaluation Manager, University
of Pittsburgh Office of Child Development, Pittsburgh, PA
Mara Kelosky, Research and Operations Manager, Allies for
Children, Pittsburgh, PA

Evaluating Youth Peer Support within High Fidelity Wraparound

Monica Payne, MA, Evaluation Director, Youth and Family Training
Institute, University of Pittsburgh, Monroeville, PA
Chad Owens, Youth Support Partner Specialist, Youth and Family
Training Institute, Monroeville, PA

**Exploring Staff Turnover During Parent-Child Interaction Therapy
(PCIT) Implementation**

Laurel A. Brabson, MS, Graduate Student, West Virginia University,
Morgantown, WV
Amy D. Herschell, PhD, Associate Professor, West Virginia
University, Morgantown, WV

Facilitating Clinician Skill in Parent-Child Interaction Therapy through Consultation and Caseload

Carrie B. Jackson, MS, Graduate Student, West Virginia University, Morgantown, WV

Amy D. Herschell, PhD, Associate Professor, West Virginia University, Morgantown, WV

Family Interaction Therapy: A Low-Cost, Evidence-Based Parent Training Program

Rebecca Olson, MS, West Virginia University, Morgantown, WV

Laurel Brabson, MS, West Virginia University, Morgantown, WV

Finding a Better Way: Therapeutic Crisis Interventions for Caregivers

Brent Swope, BA, Organizational Development and Management Director of Milieu and Behavior Management, WellSpan Philhaven, Mt. Gretna, PA

Shannon Stalnaker, Dauphin County FBMHS Director, WellSpan Philhaven, Mt. Gretna, PA

Implementation of Integrated School- and Community-Based Behavioral Health Supports

Caitlin Forbes Spear, PhD, Director of Evaluation and Research, University of Pittsburgh Office of Child Development, Pittsburgh, PA

Tracy K. Larson, MEd, CAGS, NCSP, Director, Early Childhood Partnerships, University of Pittsburgh Office of Child Development, Pittsburgh, PA

Linguistic and Cultural Barriers in Mental Health

Maria Andreu Pascual, MD, Fellow in Children's Mental Health, Western Psychiatric Institute and Clinic, Pittsburgh, PA

Laura Gillespie, Psychotherapist, Western Psychiatric Institute and Clinic, Pittsburgh, PA

Leaving Treatment Prematurely: Predictors of Attrition in an Evidence-Based Treatment

Brittany K. Liebsack, MS

Amy D. Herschell, PhD, Associate Professor, West Virginia University, Morgantown, WV

My School, My Community

Christine Englot Ferrato, MEd, Director, Greater Nanticoke Area Family Center/Pre-K Counts, Nanticoke, PA

PA-AIMH Endorsement for Culturally Sensitive, Relationship-focused Practice Promoting Infant Mental Health®

Brandy V. Fox, LCSW, Vice President, Pennsylvania Infant Mental Health Association, Harrisburg, PA

Parent and Teacher Perceptions of Race in Early Childhood

Jennifer O. Briggs, MSW, Doctoral Candidate, University of Pittsburgh, Pittsburgh, PA

Shannon B. Wanless, PhD, Associate Professor, University of Pittsburgh, Pittsburgh, PA

Pennsylvania Child Welfare Council and Subcommittees

Natalie Perrin, MS, Continuous Quality Improvement Manager, Pennsylvania Department of Human Services, Office of Children, Youth and Families, Harrisburg, PA

Jeanne Edwards, MSW, Program Development Specialist, University of Pittsburgh, School of Social Work, PA Child Welfare Resource Center, Mechanicsburg, PA

Pennsylvania Oral Health Collective Impact Initiative: Achieving Whole Child Health

Kristin Haegele Hill, Program Director, PA Chapter, American Academy of Pediatrics, Media, PA

Helen Hawkey, Executive Director, PA Coalition for Oral Health, Delmont, PA

Pennsylvania Positive Behavior Support Network – Successful Collaborations Using Evidence-Based Interventions and Data-Based Decision Making

Kathryn Poggi, MS, BCBA, Educational Consultant, Pennsylvania Training and Technical Assistance network, Pittsburgh, PA

Pennsylvania's Citizen Review Panels: Enacting Positive Changes for Pennsylvania's Children

Marsha Lynch, Statewide Quality Improvement Supervisor, Pennsylvania Child Welfare Resource Center, University of Pittsburgh, School of Social Work, Mechanicsburg, PA

Jason James Raines, MPA, MBA, SSBB, CLS, Doctoral Student, Position Founder and Principal, Chair of the Northeast Citizen Review Panel, Raines Consulting Group, LLC, Northeast Citizen Review Panel, Allentown, PA

Penguin March to the COOL Zone (Children Overcoming Obstacles and Limits): Integrating a MH Team in a Primary School.

Kate Nicholson, Clinical Manager, Community Care Behavioral health, Pittsburgh, PA

Patrick McKelvey, MS, LPC, NCC, Clinical Manager, Community and School-Based Behavioral Health Team, Matilda Theiss Early Childhood Behavioral Health Programs, Pittsburgh, PA

Quality Service Reviews: Teaming to Strengthen Practice and Improve Outcomes

Natalie Perrin, MS, Continuous Quality Improvement Manager, Pennsylvania Department of Human Services, Office of Children,

Youth and Families, Harrisburg, PA
Jeanne Edwards, MSW, Program Development Specialist, University of Pittsburgh, School of Social Work, PA Child Welfare Resource Center, Mechanicsburg, PA

Suicide Prevention and Intervention with Youth with Autism Spectrum Disorders

Amy Kabiru, MSW, LSW, BCBA, Consulting LSW, BCBA, Office of Mental Health and Substance Abuse Services, Bureau of Children's Behavioral Health Services, Harrisburg, PA
Perri Rosen, PhD, NCSP, Project Director, Garrett Lee Smith Youth Suicide Prevention, Office of Mental Health and Substance Abuse Services, Bureau of Children's Behavioral Health Services, Harrisburg, PA

Suicide Prevention: Today's Stresses on Today's Kids

Ellen Chung, ACSW, LCSW, BCD, Director Mental Health Services, Elwyn, Media, PA
Nikole Heilmann, LCSW, ACSW, School Social Worker, William Penn School District, Lansdowne, PA

The ASERT Collaborative: An Innovative Public-Private Partnership Model

Kaitlin Koffer Miller, Managing Director, ASERT Collaborative Eastern Region, Philadelphia, PA
Paul Turcotte, Data Director, ASERT Collaborative Eastern Region, Philadelphia, PA

The Pittsverse Magazine

Michelle Heim, Lead Trainer and Field Support Coordinator, PA Youth Advocate Programs and Adult Services, Reading, PA
Brian Kluchurosky, Director, Allegheny Office of Youth Advocate Programs and Adult Services, Pittsburgh, PA
Daniel Hackett, Self-Advocate, Youth Advocate Programs and Adult Services, Pittsburgh, PA

The Truth About EPSDT

Steve Kossor, Executive Director, The Institute for Behavior Change, Coatesville, PA

6:15 p.m.

Youth Activity and Food

7:00 p.m.

Family Networking and Activity

THURSDAY, MAY 3, 2018

7:30-8:30 a.m.

Full Breakfast

8:30-9:15 a.m.

Keynote Address

Doing One Thing Right, Right Now, to Serve Children and Youth in Adversity

Junlei Li, PhD, Rita M. McGinley Chair in Early Learning and Children's Media; Professor of Psychology and Human Development; Co-Director of Fred Rogers Center, Saint Vincent College, Latrobe, PA

Serving children who face adversity requires us to understand and address a complex system of challenges and opportunities. Yet there still is something deep and simple that connects all of our work across settings and disciplines. From orphanages to impoverished neighborhoods, we can discover and appreciate caregivers' intuitive yet powerful human interactions. By capturing and learning from what ordinary people do extraordinarily well in simple, everyday moments, we can grow communities of practice, nurture intuition into intention, and plant the seeds for sustainable systems change.

9:30-11:00 a.m.

Workshops (90 minutes)

TH 1

Level:

Audience: all

Growing Simple Interactions Across Communities of Practice

Junlei Li, PhD, Rita M. McGinley Chair in Early Learning and Children's Media; Professor of Psychology and Human Development; Co-Director of Fred Rogers Center, Saint Vincent College, Latrobe, PA

How do we encourage, enhance, and empower the human relationships around children and youth in adversity? Real and lasting change can start with finding what ordinary people do extraordinarily well with children in simple, everyday moments. In this workshop session, we practice an approach to understand practice, program, and policy that rely on capturing and learning from everyday, "simple interactions", in a variety of settings, including orphanages, youth development, and low-income child care providers. We explore how this approach may complement and support the larger work of professional development and system change.

TH 2

Level: Basic

Audience: Y

"T.A.A.G." You're It! Lived It, Learned It, Survived It!

Karan A. Steele, Prevention, Education, and Outreach Coordinator, Beacon Health Options, Seven Fields, PA
TAAG Members to be determined

The TAAG presentation allows attendees to understand the youth/young adult voice. How TAAG members can lead and how to support them as allies. Do with, not for and cheer them on as they continue their recovery

journeys.

TH 3

Level: Basic
Audience: Y

Let's Think Again: Changing Attitudes That Stigmatize

Lynn Keltz, MA, Executive Director, PA Mental Health Consumers' Association, Harrisburg, PA
Zack Karenchak, Policy and Program Development Coordinator, Youth MOVE PA and PMHCA, Harrisburg, PA
Corey Ludden, Technical Assistance and Engagement Coordinator, Youth MOVE PA and PMHCA, Harrisburg, PA

The presentation includes a documentary entitled "What Are You Thinking?" produced by The Stigma Project followed by an interactive discussion. The goal of the 40-minute documentary is to expose viewers to stigmas against people with disabilities, and encourage them to examine their own stigmatizing behavior. The documentary features experts who explain how stigma contributes to the way we think about people with disabilities. Participants will find several actions they can take to make an impact on stigma.

TH 4

Level: Basic
Audience: C

Overview of Substance Misuse Patterns for Adolescents and Review of Medication Assisted Treatment for Opioid Use Disorders

Tiberiu Bodea Crisan, MD, Senior Medical Director, Community Care, State College, PA
David Loveland, PhD, Senior Program Director, Community Care, Pittsburgh, PA
Family Responder to be determined, Member of Community Care Corporate Families of Child and Youth Members Advisory Board

Reviewing substance use patterns of adolescents and effective treatment for individuals with an opioid use disorder (OUD) will be the primary themes of the workshop. The workshop will include two sections: 1. An overview of substance use and abuse patterns of adolescents and young adults and 2. A review of research on Medication Assisted Treatment (MAT) for individuals with an OUD and how it can be applied in PA.

TH 5

Level: Intermediate
Audience: C, XS, Co

30 Years In – It's the Simple Things That Matter: Clinical and Career Reflections on Helping Skills

Michael C. Wolff, PhD, CADC, Director, Penn State Psychological Clinic, University Park, PA

This presentation will be focusing on aligning evidenced based practices with real world problems and solutions. I have found after 30 years of providing direct services, that it's the simple things that really matter. While these skills may be simple, they are often quite challenging to employ. I will be reviewing various evidence based practices which I believe support a "common theme" perspective, highlighting specific skills that must be learned to be better clinicians, colleagues, supervisors, and administrators.

TH 6

Level: Basic
Audience: C, XS, Co, EC

Trauma, the Brain and Sensory Regulation Strategies

Deanna Moerer, Co-Director Safe Schools Health Students IU1,
PaTTAN, Stroudsburg, PA
Molly Flood/Special Education Supervisor, IU2, Schnecksville, PA
Todd Breinich, Emotional Support Interventionist, CLIU #21,
Schnecksville, PA

An interconnected Systems Framework in collaboration with community partners, to providing mindfulness practices and mental health supports for high-risk students to prevent bullying, decrease office discipline referrals and decrease violent behavior through scale up of multi-tiered SWPBIS.

TH 7

Level: Advanced
Audience: C, XS, Co, EC

Treating Trauma in Young Children: Using CPP in Community Programs

Teri Pentz, MS, LPC, NCC, Behavioral Health Therapy Supervisor,
Matilda Theiss Early Childhood Trauma Treatment Center,
Pittsburgh, PA
Kimberly Blair, PhD, Associate Professor of Psychiatry, University of
Pittsburgh, Pittsburgh, PA
Patrick McKelvey, MS, LPC, NCC, Clinical Program Manager,
Matilda Theiss Early Childhood Behavioral Health, Pittsburgh, PA

Young children are both our most vulnerable and most resilient population. Rates of victimization are highest among the youngest children, and this early trauma impacts social, emotional, and neurobiological development. The need for evidence based trauma treatment that supports both the child and the caregiver is crucial. This presentation will discuss how Child-Parent Psychotherapy (CPP) has been used in clinic, center and community programs. This presentation will use case studies and video of actual families.

TH 8

Level: Basic
Audience: F, C, XS, EC

Intensive Family Coaching Within the Early Childhood Wellness Initiative

Virginia Johnson, PhD, Manager of Psychological Services,
Community Care Behavioral Health Organization, Pittsburgh, PA
Pamela Dotson, MA, Coordinator, Care Management, Community
Care Behavioral Health Organization, Pittsburgh, PA
Heather Hoeke, LCSW, Assistant Director of Outpatient Services,
Wesley Family Services, Pittsburgh, PA
Megan Hoffman, LPC, Clinical Manager of PCIT, Wesley Family
Services, Bridgeville, PA

The Early Childhood Wellness Initiative includes an Intensive Family Coaching model which is an adaptation of Parent Child Interaction Therapy (PCIT) for use in the home. This model uses evidence-based practice, and is targeted to families in which parents would benefit from strengthening behavioral management as well as positive relationships with their children. This presentation will describe the treatment model in detail, and define families who may benefit from its use.

TH 9

Level: Intermediate
Audience: F, C, XS, Co

The Development of Applied Behavioral Analysis in Community Programs

Tim D. Caldwell, MEd, LBS, BCBA, Director of ABA Services, WellSpan Philhaven, Mount Gretna, PA
Patricia J. Delaney, MA, LBS, BCBA, Behavior Analyst, WellSpan Philhaven, Lebanon, PA
Sheryl A. Watson, MEd, LBS, BCBA, Behavior Analyst, WellSpan Philhaven, Harrisburg, PA

This presentation outlines the administrative and clinical systems that WellSpan Philhaven has created to provide high quality community based programming based on the science of Applied Behavior Analysis. The following will be discussed: training of clinical staff, measurement of staff learning and implementation of programming, involvement and education of individuals and caregivers in treatment, data collection and data based decision making, utilization of research to inform practice, and the integration of BACB and OMHSAS regulations.

TH 10

Level: Basic
Audience: Y, F, C

Youth Ambassador Program: A Beaver Co SOC Youth Initiative

Maureen Hawk, BCRC
Susan Smith, BCRC
Ales Jendrek, HPW Associates

The Youth Ambassador Program is a student-driven program intended to promote awareness of current issues youth face today. By participating in county-wide and district level training events, youth have gained knowledge of behavioral health issues and local resources to combat stigma. This presentation will describe the program as well as the process to establish it and the impact it's had on the school districts and the community. Data will be shared as well as the successes and challenges of the program.

TH 11

Level: Basic
Audience: C

It Takes a Village: Supporting Youth Experiencing Homelessness

Melissa DeMotta, MSW, Site Coordinator, Education for Children and Youth Experiencing Homelessness, Berks County Intermediate Unit, Reading, PA
Tabitha Kramer, Specialist, Education for Children and Youth Experiencing Homelessness, Berks County Intermediate Unit, Reading, PA
Sheila Bressler, Berks County CASSP Coordinator, Berks County Mental Health/Developmental Disabilities Program, Reading, PA

This workshop will address the trauma of homelessness as well as the barriers faced by displaced students. Community partnerships are critical in addressing the needs of this vulnerable population. Current models of educational support in Pennsylvania through the ECYEH network will be explained. Specific examples of successful collaborations among youth-serving programs along with strategies for program implementation will be explored.

TH 12

Level: Basic
Audience: Co

Growing a Healthier Community

Lee Scandinaro, Community Coordinator, Crawford County System of Care, Meadville Area Recreation Foundation, Meadville Neighborhood Center, Meadville, PA

We know that teen anxiety is on the rise in Pennsylvania and nationwide. While we have yet to fully understand the problem, research based thinking lead us to the development of a youth-driven and asset based summer program. This program uses storytelling, place-making, and our local food movement to build the resilience of our community. If you are interested in innovative and inclusive solutions to complex health problems, consider this workshop.

TH 13

Level: Basic
Audience: Y, F, C, Co

Transition Age Youth: Reaching Independence with Support and Encouragement! A Person-Centered Mentoring Model

Barbara J. Miller, MA, Children's Services Director and Co-Lead for Bucks County's Now is the Time: Healthy Transitions Grant, Warminster, PA
Kimberly Hosgood, Bucks County Respite Coordinator, Child and Family Focus, Inc., Willow Grove, PA

This unique model is currently being piloted through the Bucks County: "Now is the Time: Healthy Transitions" Grant. TAY R.I.S.E. supports are delivered in the Youth's home and in the community. Through in-vivo teaching and creative goal planning, youth and young adults are able to participate in a flexible, supportive process geared to their specific needs, talents and interests! The Casey Life Skills Assessment and strong engagement with the Mentors has lead to positive outcomes for TAY R.I.S.E. participants.

TH 14

Level: Basic
Audience: C

Getting Beyond the Evidence-Based Label: Understanding What Works in Prevention

Jordan Joyce, Prevention Coordinator, EPISCenter, State College, PA
Geneen Burris, MS, Prevention Coordinator, EPISCenter, State College, PA

Schools and organizations want to provide the best possible environments and services that help support children, youth, and families in their communities. While using data to make informed decisions is significant for schools and organizations, representatives from the EPISCenter will take this opportunity to provide an education on how to be strategic in gathering the data, assessing community needs, understanding what works in prevention, as well as measuring your success!

TH 15

Level: Basic
Audience: F, C, XS

Educating Students with Mental Health Needs: What Are Schools Legally Required to Do?

Jeni Hergenreder, Esq., Staff Attorney, Disability Rights Pennsylvania, Pittsburgh, PA

Gabe Labella, Esq., Staff Attorney, Disability Rights Pennsylvania, Pittsburgh, PA

Children with disabilities are entitled to a free appropriate public education under state and federal law. This presentation will explain the legal rights of students under the Individuals with Disabilities Education Act and Section 504 of the Rehabilitation Act. Denial of these rights often results in improper use restraint and/or seclusion, forced early dismissals, suspensions without proper paperwork, inappropriate placement on homebound instruction or in cyber programs. We will explore schools' legal obligations and what should be happening instead.

TH 16

Level: Basic

Audience: F, C, XS, Co

The Impact of Trauma in Childhood

Gary Lewis, MS, Coordinator of the PA PTSD Project, Westmoreland County Juvenile Probation, Greensburg, PA

Early childhood trauma can have a profound effect on people throughout their life span. This workshop will help people identify the signs and symptoms of childhood trauma, and it will outline the latest treatment options for people effected by childhood trauma.

TH 17

Level: Intermediate

Audience: C, XS, Co

The Linkage Between Value-Based Purchasing and Clinical Care Approaches: Providing Value-Based Care to Children, Adolescents and Families.

Monica Collins, MA, MBA, Senior Director, System Transformation, Magellan Behavioral Health of Pennsylvania, Newtown, PA
Tara Karbiner, LCSW, Children's Clinical System Transformation Managers, Magellan Behavioral Health of Pennsylvania, Newtown, PA

This training will provide education on Value-Based Purchasing as it relates to community behavioral health organizations specifically by supporting participants in recognizing the critical clinical and organizational competencies that can maximize opportunities for successes in the new era of Value-Based Care. In addition, participants will be able to make the linkage between understanding how new service delivery and payment models relate to Value-Based Care and System Transformation.